

Blue's News

The Cats out of the Bag

The New Face of the Bobcat News

We are off to a new year and it is one that has brought many new happenings to Callaway Public Schools. From a new principal, to a new program available for our students, to the Journalism class taking over the school newspaper, and much, much more, we are seeing changes. That's right, as part of Miss Ord's Journalism class, the students in her room will be writing articles and bringing the news to you. They will be bringing you news about sports, clubs, activities, field trips, and fun happenings going around the school.

This class is made up of 14 students from grades 9-12. Not only will they be writing articles, but they will be taking pictures of different events and sharing those photos with you as well. Also, these students will be creating the yearbook this year as part of the requirements for this class. With such a big, creative group, we have no doubt that it is going to be spectacular.

One thing we have done so far in this class, besides writing news articles and taking photos, is create a new name for the paper and a slogan to go with it. As you can see above, we chose **Blue's News** as our papers name and "**The Cats Out of the Bag**" for our slogan. We came up with this as a class by having everyone come up with different names and slogans, and then we voted. We are having a lot of fun with our different projects and hope you enjoy the news we bring to you.

Front Row: Andrew Harrison, Lenny Johnson,
Jake Hildebrandt

Middle Row: Wryleigh Doyle, Brittany
Trumbull, Laney Willis, Sydnee Sallach, Sami
Stowell, Suzy Heusman

Back Row: Sandy Oliver, Cheyney Loper,
Matti Stout, and Addie Hild. Not Pictured:
Autumn Murphy





Hangin with Mr. Berkel

By Suzy Heusman

Mr. Berkel is our new principal at Callaway Public Schools. He was born and raised in Columbus NE. After graduating high school from Columbus, he went on to study at UNK. While he was there, he graduated with a Masters in Administration and a Bachelors in Social Studies.

Before becoming our principal, he was a social studies, science, P.E., and alternative education teacher at other schools. His favorite subject to teach was Social Studies. He has been working with elementary and high school students for the past 13 years and this is his fourth school that he has been with.

The thing he is most excited for this year is that it is going to be a new challenge for him because he has never been a principal before. Mr. Berkel wants to build new relationships with the students and would like to work together with the students to make a "culture" that gives the students the best educational opportunities for them. So far, he is enjoying his new job as a principal along with the new challenges each day brings. He likes working together with the teachers and the students in the school.

Mr. Berkel and his wife, who is also a new employee at the school, have been married for 12 years. They have three children: Maggie is 10, Aubrie is 8, and Reid is 5. His hobbies are spending time with his family, watching sports, and hunting.



A New Face

By: Autumn Murphy

This year the Callaway High School got a new face, Mrs. Amy Berkel. She is the bookkeeper, which means she is in charge of the financial system. She grew up in Atkinson, Nebraska, and went to high school in West Holt. After she graduated high school she went on to college at UNK. Mrs. Berkel was a personal banker for two months prior. Mrs. Berkel is married to the principal. They have been married for 12 years. They moved here because they thought it would be a good opportunity for their family. They have three kids: Reid, Aubrie, and Maggie.



Mrs. Amy Berkel enjoys cooking. This year she hopes to accomplish learning the financial system. When asked if she liked her job s

said "Yes, when you work with numbers it's black and white. Everything just adds up."



Mr. Glaze: The New Face of Spanish

By: Brittany Trumbull



Mr. Glaze is the new Spanish teacher here at Callaway High School. Mr. Glaze grew up in Broken Bow, Nebraska. When he was in high school, he did not know that he was going to be a Spanish teacher. All he knew, was that he really enjoyed his Spanish teacher and her husband.

Mr. Glaze went on to attend college at UNO and got his bachelor's degree there. After that, he went to UNL and got his master's degree in Spanish. He also attended UNK to get his education masters. He attended all of these different colleges for the variety. He lived in Omaha for a long time and several other towns.

His first teaching job was in Mullen. Then, he went to Broken Bow and taught at Merna. After that, he taught to Hays Springs over distance learning from Broken Bow for three years. Mr. Glaze has been teaching Spanish for a total of twelve years. He started teaching at Callaway because he was ready to be back in the classroom. Mr. Glaze enjoys teaching here because he has good students and he enjoys that some of them ask a lot of questions.

When teaching, he tries to incorporate a lot of Spanish in his assignments, and he has more oral quizzes than written. His Spanish two's class had their first oral quiz of the year on September fifth. His big project of the year is to have his students do a project on a Spanish speaking country and present it to the class in Spanish. They are going to be presenting them over PowerPoint, and all of the maps and words have to be in Spanish for their project.

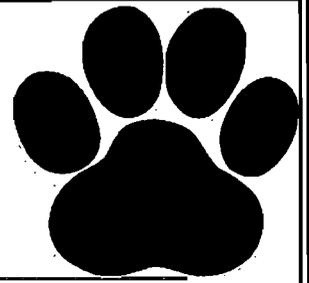
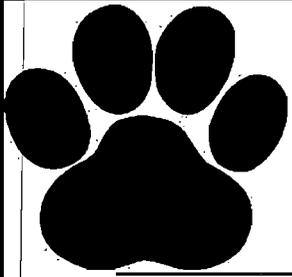
A class that he has taught other than Spanish was adult ESL (English as a Second Language) in Lamar, Colorado. He was also a flight instructor part time, noting that he never did kill anyone or crash while doing that. We are very glad to have Mr. Glaze as part of the staff and to learn new Spanish skills from him.

Miss Brader: Growing Callaway's Ag Program

By: Jake Hildebrandt

This year is off to a great start with a new smile down in the ag room. Miss Brader came to us after completing one year at Mullen and comes from a small town. She grew up south of Hastings and went to school at Blue Hill. She competed in high school rodeo. The events that she did were barrel racing and poles. After high school, she went to Chadron State and received her bachelor's degree of science. Then, she decided to be an educator through the agriculture industry. She chose Callaway because it's closer to home and because of the new program. Her favorite thing about FFA is the experience that the kids get and also the hands on experience. Indianapolis in Indiana is the biggest FFA convention. She likes Callaway because of the support for the FFA program and all the support we get. She hopes to promote agriculture to the younger generation and help students find opportunities in agriculture that interest them.





Bobcat of the Month!



Brett Haidle

"I admire Brett's work ethic and integrity. He is a very trust worthy student that does his best on any task you set before him. Even though this time of year is hard for him with his mowing business and school, he never complains or asks for special treatment. Brett treats everyone with respect. He is true to his beliefs and does not crack under peer pressure."

-Mr. Ellis

Jasmyn Ledet

"Jasmyn comes in to help in the First Grade Room every day. She is always the eager to help the students. I appreciate her dedication to helping others. "

-Mrs. Miller



Eddie Berger

"I nominate Eddie Berger for Bobcat of the Month because he is a positive, consistent student-athlete! His excellent work in the classroom, as well as his extracurricular involvement, all are indicators of his determination to do well in everything he does."

-Mr. Hinman



WAY TO GO



National FCCLA By Wryleigh Doyle

Pictured below, Brittany Ellison
and Wryleigh Doyle, Addi Hild
and Hannah Pearson



National FCCLA was a great time filled with excitement and new experiences. The Callaway FCCLA advisor Kelli Walz, along with four Callaway students, Brittany Ellison, Hannah Pearson, Addie Hild, who at the time was still attending school at Brady, and myself got to attend the National FCCLA Conference because of our excellent achievements at the state level of competition. On July 2nd, we left Callaway, leaving for a week long journey of adventure. After picking Addie Hild up in Brady and getting forced to take a picture, we headed toward Denver to catch a three hour flight to reach our destination of sunny San Diego. Upon arrival, the views were absolutely marvelous, with beautiful skyscrapers and palm trees everywhere you looked; it was like a scene out of a movie.

Each day in San Diego was just as equally exciting as the first, with breathtaking sites and a sea of red polos everywhere you looked. While there, we got to go to so many wonderful attractions, like Aquatica where we all, except for Mrs. Walz, got a little sunburnt. We saw the spectacular killer whale show at Seaworld, played with the shimmering sand at Coronado beach and so much more.

Even though majority of the trip was in fact amazing, like every trip it had its bumpy moments. For example, traveling on public transportation really puts in perspective how great it is to have your own car, and really makes you appreciate not having to sit next to a lady on a crowded bus with her growling lapdog.

Along with the opportunity for new experiences, we also got to meet oodles of new people from all corners of the United States and some beyond, with group conferences and events that forced everyone out of their shells and decorative trading pins to give away and receive. Some of us, mostly including me, may have went a little crazy with the trading pins, running out quicker than other people in our little group.

Next, the Star events were what allowed all of us to get to attend this once-in-a-lifetime opportunity. When we were finished competing, we were all relieved yet anxious, wondering how we did. When the ceremony came around and yielded results on our performances, we were all just happy with the fact that we did our best. Addie Hild and Hannah Pearson received shiny gold medals for their job well done, and Brittany Ellison and I received sparkling silvers for ours.

Although our time in San Diego had to come to an end, I think we all were a mixture of sad to go and ready to get home. We would miss the mild weather and cool ocean breeze, but we also missed our families and our homes. After what seemed to

be a never ending trek home, there is nothing like sleeping in your own bed. Each one of us brought home numerous memories that won't soon be forgotten, along with our shiny pieces of good sized medals to show off. We also got the right to boast about our accomplishments and the results of our hard work. It is really all thanks to one person, Kelli Walz, always answering our endless questions, helping us perfect our speeches and make our projects better, setting up fundraisers, and most of all, putting up with all of us.

Preschool Times

By: Cheyney Loper

Some exciting times are coming in the preschool room this year. Mrs. Hickinbottom has her



hands full this year with six students in the morning and a whopping 17 kids in the afternoon. Right now, the preschoolers are learning all about themselves. They are learning things like what they look like and how to say their name. Up next, the kids will take on the alphabet.

When they're not working, the students' favorite activity is center time. This includes dress up, blocks, math games etc. Their favorite out of those happens to be play dough, which they just love. They also get to go to music class with Mr. Beavers. Mrs. Hickinbottom says they don't have any big trips planned but will take a look at the firestation to learn about fire safety in October.

One of Mrs. Hickinbottom's favorite things about teaching preschool is watching them accomplish the little things like putting on their coat or writing their name. Every class is unique, in this case the morning's class is the boys to girls ratio, two boys and four girls. In the afternoon classes, they each are little characters with different personalities. Preschool is off to a great start and excited to expand their learning with Mrs. Hickenbottom.

Kindergarten

By: Matti Stout



With one of the largest classes in the elementary, the kindergarten has 16 students. This year she has increased her amount of children by 6. Half boys and half girls. For field trips she does not have any planned at the moment.

The big projects that she has planned are mainly for thanksgiving, but she is also working with small groups instead of the whole class. For her having a large class it just takes more preparation and time to get things done. Mrs. Ross's favorite part about this class is that there is never a dull moment with them. She believes that their favorite part of class is probably recess.



Curtain Call: DaNA

By: Andrew Harrison

This fall our local One Act team will be producing a play of a young mentally challenged girl and her trials and tribulations. This play is called DaNA, which is originally based on the word DNA. The main character, Dana, is a mentally challenged girl, that grows up in the 1960's. Her home life isn't great, her father is a alcoholic and doesn't necessarily want her. Sadly, her school life isn't any better, with kids bullying her because of her physical ailments, that cause her a lot of trouble. Throughout the play, we will see "Her struggles and accomplishments," says Mr. Ellis, the Director of Callaway One Acts. Some other teachers have returned from last year to help with the production. Mrs. Wilcher came to be an Assistant Director and Mrs. Campbell came back to help construct the sets. Mr. Ellis hopes for realistic performances from all the actors. Their first performance is on November 4th. We give them the best of luck this season.

Mystery Trips: First Grade

By: Sami Stowell

At the beginning of the school year, the first grade went on a series of mystery trips around Callaway. They started out with a trip to the fire station and thanks to Kyle Wise, Melissa Jorgenson and Pat Jorgenson, the kids were able to learn about fire safety. It included what to do in case of a fire, having a plan when there is a fire, and then were showed the fire equipment and ambulance. They even got to ride to the school in the fire truck!

The second journey was to the Post Office to visit Melva Phillips to see what postal workers do when mail comes into the office. Some of the things the children saw was how the mail is sorted and stamped. They did an activity that included them mailing letters to themselves.

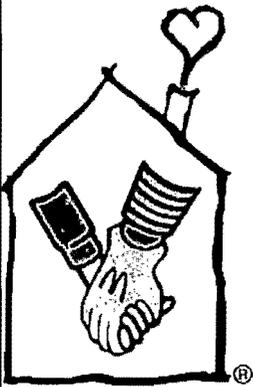
The third mystery voyage was to the Nigel Sprouse Memorial Library. Laura Seng read a story about Kites and the kids were also able to hear a presentation from John Howard. John then helped the children make kites out of construction paper, straw, string, and tape. Mr. Birkle, the new principal, went down to join the fun activity.

Next, they treaded across the street to visit Mitzi Graham and Rod Brestel at the Village of Callaway. The two made the first graders feel right at home! Rod explained what him and the other employees do with all the big machines and how they work. Mitzi made copies of the map of the village for the kids, then read a story about "Katy and the Big Snow," and completed a project in the Boardroom.

The final journey was a trip through the past to the Log Cabin in the park. To make it more realistic, Donna Glendy, the host, gave the kids cowboy hats and sunbonnets. Donna gave them special stories about life 100 years ago. They even got to eat lunch in the cabin. Afterwards, they were taken to the Museum for a tour of the Annex and 7 Valley's Museum.

Overall, the first graders and Mrs. M had an amazing time on the mystery trips. They appreciate all the people involved in making the kids have a great time, as well as making it informational. "Community support is where it is at in Callaway" -Mrs. M.





Callaway FCCLA Chapter Project Pop Tabs for the Ronald McDonald House

By: Adrianna Hild

This year for the FCCLA Chapter Service Project we are collecting pop tabs for the Ronald McDonald House. The Ronald McDonald House Charities provide a variety of services to families and children including a place to stay for traveling families with seriously ill or injured children. I had the opportunity to stay a month at a Ronald McDonald House in Denver and really do believe in this charity. To get involved, the Callaway FCCLA Chapter will be sponsoring a competition for all grade levels. Starting October 1, 2016 buckets will be placed in each classroom (Grades K-6) and in the FCS room for all grades 7-12. The goal is to collect the most pop tabs before November 1, 2016, when we will weigh each grade's pop tabs. The winning class will receive a root beer float party at a later determined date.



FFA

By: Sandra Oliver

FFA is a program where you learn hands on experience about Ag in and out of the classroom. This year, Callaway began their own chapter and currently there are 23 members in FFA. It is expected that there will be more people interested after this year. FFA events will be held in North Platte and around Thedford and Arnold throughout the year. Field trips will be at Nebraska Cattlemen's classic and local Ag carriers. The members who are currently serving as officers are Isaac Stallbalmer (President), Seth Pearson (Vice President), Chase Eil (Secretary), Atlynn Witthun (Treasurer), Natalie G'Schwind (Reporter), Kalen Dockweiler (Sentinel) and Marshall Still (Parliamentarian).

Bobcat Football

by Leonard Johnson

Football is off to an amazing start this year for South Loup, as they currently have a record of 3 and 0. The team has a total of 33 players this year. Coach Hinman believes that the team has improved physically since last year. The captains for this year are Blake Schwarz, Jack Rush, Kalen Dockweiler, and Seth Pearson. They were all voted to be captain by their teammates. The Bobcats goals for this year are to go 500 and make the playoffs. The Bobcats are hoping to keep improving their record as the year continues on. Coach Hinman believes we can go to state this year with the team we have. Hinman thinks something they can improve on for next year is being more advanced on detail for offense and defense. Good luck boys!

South Loup Volleyball

By: Sydnee Sallach

The South Loup lady bobcats volleyball team is off to a booming start. They are currently undefeated with a 8-0 record, defeating their main rival Brady 2 times already in there season. They have lost 4 sets overall one to S-E-M, two sets to brady and another set to Medicine Valley. The team captains for the team are Senior Savannah Weverka, and Junior Avery Atkins. 26 girls make up the 2016 volleyball team. Assistant Coach Kim Sallach stated that the girls tend to come out a little slow in the first sets of every game but we normally pull it out in the following sets. The volleyball team had won the Seven Valleys Tournament, which is the first time they have won it since we have combined to become bobcats. Good luck to the volleyball team as there season progresses forward.





Senior Bio



Olivia

Birthday: August 21, 1998

Extracurricular Activities: Volleyball, Track, One acts

Favorite Food: Tacos

Favorite music: hood rap

Favorite TV shows/movie: Hannah Montana

Favorite author/book: Nicholas Sparks

In my spare time, I: hang out with my squad

Best memory so far: Wyatt calling me a liar

Best thing about being raised in a small community: everyone knows me

Best advice my parents gave me: Sometimes it's better to ask for forgiveness than permission.

My greatest talent (or trait): the ability to look like a spider

Motto, inspiration or favorite quote: "Less bitter, more glitter"

I think the most important issue in America today is: Lack of compassion

What did you want to be when you were little: a Veterinarian

Future plans: Get money... probably



Savannah

Birthday: March 12, 1999

Extracurricular Activities: Volleyball, Basketball, Track, One Acts

Favorite Food: pizza

Favorite music: hood rap

Tv shows/movie: Law and order SUV

Favorite author/book: Hungers Games Trilogy

My spare time, I: eat food

Best memory so far: When Chase called Seth "a noob"

Best thing about being raised in a small community: you know everybody

Best advice my parents gave me: "Give it your all no matter what and we will be proud"

My greatest talent (or trait): Eating a large pizza and a family order of breadsticks in one sitting

Motto, inspiration or favorite quote: "Everything happens for a reason"

I think the most important issue in America today is: world hunger

What did you want to be when you were little: Miss America

Future plans: Find a sweet old man that has a big house and buys me lots of jewelry/clothes.

Callaway HS (South Loup) - October 2016

Sun	Mon	Tue	Wed	Thur	Fri	Sat
						1
2	3 2:30 PM G JH VB Sandhills Thedford Knights 4:30 PM B JH FB Sandhills Thedford Knights 5:30 PM B JV FB Sutherland High School 5:30 PM G JV VB Sutherland High School 6:30 PM G V VB Sutherland High School	4 5:30 PM Alternate Financial Aid Night for Seniors and Parents	5	6 TBA FFA - North Central Land Judging 5:00 PM G V VB South Loup Triangular	7 7:30 PM B V FB Amherst High School	8 TBA G JV VB @ Ansley JV Volleyball Tournament TBA G JH VB @ Ansley Jr. High volleyball tourn.
9	10 2:00PM G JH VB @ Brady High School 3:30 PM B JH FB @ Brady High School 5:00 PM B JV FB @ Brady High School	11 ASVAB for Juniors Periods 1-4	12 Smiles Clinic 10:30am Pre-K -6 Picture Retakes	13 TBA G V VB @ Conference 1st round Tournament @ Ansley-Litchfield	14 End of 1st Quarter 7:00 PM B V FB @ Overton High School	15 TBA G V VB @ semi finals and finals of Conferene Tourn at B.Bow
16	17	18 4:00 PM G V VB @ Ansley Litchfield Quad at Litchfield	19 FCCLA District Leadership Conference - North Platte UNL Rep - 10am	20	21 Homecoming in Callaway - after football game Parents Night for Volleyball - Between JV and Varsity Games Parents Night for Football - 7:15 4:30 PM G JV VB Elm Creek High School 6:00 PM G V VB Elm Creek High School 7:30 PM B V FB Elm Creek High School	22 1:00 PM G JV VB @ Twin Loup JV Tournament
23	24	25 5:00PM G JV VB @ Anselmo-Merna JV Triangular 6:00PM G V VB @ A-Mema - V Triangular	26	27 1st round football playoffs Nebraska Wesleyan Rep - 3:00pm	28 Fall Break - No School	29
30	31					

October 2016

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	3 B: muffin L: chicken strip	4 B: long john L: pulled pork	5 B: breakfast bar L: pigs in a blanket	6 B: bagels L: tacos	7 B: burrito L: pizza	8
9	10 B: tornado L: pork patty	11 B: donut L: chicken sandwich	12 B: egg taco L: chili	13 B: mini cinis L: chicken alfaro	14 B: breakfast pizza L: pizza cheese sticks	15
16	17 B: muffin L: pork patty	18 B: long john L: chicken fajita	19 B: turnover L: beef and noodle	20 B: French toast L: BBQ riblet	21 B: breakfast burrito L: mini corndogs	22
23	24 B: tornado L: spaghetti	25 B: donut L: hamburger	26 B: omelet L: chicken nuggets	27 B: mini cinnis L: pizza	28 No School	29
30	31 B: muffin L: sloppy joe					

Your business tag line here.

Business Name

Primary Business Address
Your Address Line 2
Your Address Line 3
Your Address Line 4

Phone: 555-555-5555
Fax: 555-555-5555
E-mail: someone@example.com


Organization

Why I Need to Tell the School When My Child is Sick

By keeping your child home and letting your school know your child is sick, we become more capable of detecting a rise of sickness in the school.

How to Report the Reason My Child is Missing School

If your child is sick, it is of great value to tell the school all signs of illness. If your child has a cough or fever, please report those as such. If they have more than one symptom, please report all of them.

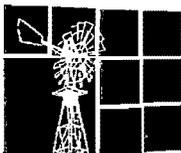


Stop the Spread of Germs

- If your child has signs of flu (see chart below), take your child to the doctor
- Keep your child home for 24 hours after their fever is gone without the use of fever lowering medicine (such as Tylenol or Advil)
- Stay away from sick people
- Cover your mouth and nose with a tissue when you cough or sneeze, use your elbow if you don't have a tissue
- Get plenty of rest and drink plenty of fluids

You may be contagious (can spread the illness to others) up to 7 days after the start of your symptoms.

Symptom Guide for Colds, Flu and "Tummy Flu"			
Symptom	Cold	Flu (Influenza)	"Tummy Flu" (Gastrointestinal)
Fever	Rare	Usual; high (100-102°F)	Rare
Headache	Rare	Common	Rare
General aches/pains	Slight	Usual; often severe	Sometimes
Fatigue/weakness	Sometimes	Usual; up to 2-3 weeks	Sometimes
Extreme Exhaustion	Never	Usual; at beginning	Rare
Stuffy Nose	Common	Sometimes	Rare
Sneezing	Usual	Sometimes	Rare
Sore Throat	Common	Sometimes	Rare
Chest discomfort/cough	Mild-moderate	Common; can be severe	Rare
Vomiting/Nausea	Rare	Rare	Common
Stomach ache/pain	Rare	Rare	Common
Diarrhea	Rare	Rare	Common; defined as more than 6 stools in 24-hour period



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When to Keep Your Child Home

Fever

 **OK FOR SCHOOL/DAYCARE:**
Your child is good to go if they are over 4 months old, have a fever below 100°F, drinking liquids and acting normal.

 **TOO SICK:**

- * If your child is 4 months old or younger, call the doctor at the slightest sign of fever or sudden change in your child's action; **NO DAYCARE!**
- * Older children should stay home if their fever is above 100°F.

Keep home until they have been fever-free for 24 hours without the use of fever-lowering medicine and are acting normal.

Sore Throat

 **OK FOR SCHOOL/DAYCARE:**
A sore throat with a runny nose is often due to swelling; send to school if fever-free.

 **TOO SICK:**
If the achy throat comes with swollen glands, a

Red Eye

 **OK FOR SCHOOL/DAYCARE:**
When the white part of the child's eye is only a little pink and the oozing is clear and watery, they likely have allergies.

 **TOO SICK:**
If the eye is stuck shut, bright red, and/or the oozing is yellow or green. This is symptoms of a catching germ form of pinkeye. The child should stay home until they have been on medicine that fight the germ for 24 hours.

Diarrhea

 **OK FOR SCHOOL/DAYCARE:**
Your child is acting normal and their stools are only slightly loose.

 **TOO SICK:**
Children who have more than 3 loose stools in 24 hours. If you see blood or mucus in the stools, call the doctor.

Throwing Up

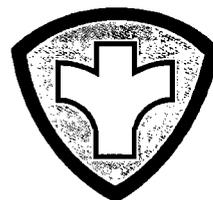
 **OK FOR SCHOOL/DAYCARE:**
If they have thrown up 1 time in 24 hours. Some kids throw up because of mucus draining from a cold.

 **TOO SICK:**
If your child has thrown up two or more times in 24 hours, keep them home. Give them small amounts of liquid often. If they still throw up after 3 days, or anytime it becomes more often, call the doctor.

Tummy Pain

 **OK FOR SCHOOL/DAYCARE:**
If this is your child's only sign of sickness and they are active, send them to school.

 **TOO SICK:**
Any tummy pain associated with throwing up, loose stools, fever or a change in the child's activity level.



Helping Children Learn®

Tips Families Can Use to Help Children Do Better in School

October 2016

ELEMENTARY SCHOOL



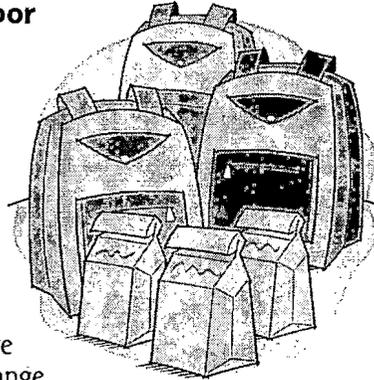
How can I get all my kids ready on time in the morning?

Q: Getting three children out the door for school is hard! Either one child won't get up, or another forgets a book and has to go back for it. Or somebody's homework has vanished. My kids often miss the bus and I end up driving them to school. How can I fix this?

A: Mornings are a challenge in many households. But as long as your children know you'll drive them to school if they are late, they don't have much incentive to change.

To begin to turn things around:

- **Call a family meeting.** Announce that Mom's Taxi has a new policy. From now on, rides to school come with a cost. You can choose the price—part of their allowance, or perhaps an extra chore. It doesn't have to be a high price, but it should be something your kids want to avoid.
- **Get organized at night.** Help your kids lay out clothes, fill book bags and pack lunches. Set alarm clocks to go off a few minutes earlier.
- **Give everyone a five-minute warning** before it's time to leave. Then calmly walk out the door and head for the bus stop.
- **Enforce consequences consistently** once you set them. Odds are, you'll only have to collect your "taxi fare" once or twice before your children get better organized.



Parent Quiz

Are you giving effective instructions?

Classrooms—and families—function smoothly when children know how to follow directions. Are you teaching your child this vital skill? Answer *yes* or *no* to the questions below:

1. **Do you make sure** you have your child's full attention before giving directions? Call her by name and look her in the eye.
2. **Do you give** specific instructions? If a job involves several steps, list them. "First, pick up your clothes. Next, put them in the hamper."
3. **Do you ask** your child to repeat what you said before she begins a task?
4. **Have you posted** a checklist of things your child should do every day?

5. **Do you praise** her when she follows directions?

How well are you doing?

More yes answers mean you are helping your child learn to follow instructions. For each no, try that idea.

"I've learned that people will forget what you said, people will forget what you did, but people will never forget how you made them feel."
—Maya Angelou

Do an after-the-test review

Tests give your child a chance to show what he knows. But they can also give him a chance to learn more. Reviewing past tests can help him improve his scores in the future. After a test, have your child:

- **Go over the results.** He should correct any wrong answers.
- **Determine the types** of errors he made. Did he rush and make careless mistakes? Was he unprepared?
- **Make adjustments.** Brainstorm with your child about ways to reduce errors, such as checking his work and studying for several days before a test.

Source: W.R. Luckie and W. Smethurst, *Study Power*, Brookline Books.

Coach a team player

All through school, your child will be expected to work with others. She'll be more successful if she knows how to be a team player. To help her practice:



- **Have family members take turns** making some choices, such as which video to watch or which game to play.
- **Teach fair ways** to decide who goes first, such as "Rock, Paper, Scissors" and flipping a coin.

Use discipline that works

To improve your child's behavior with discipline, experts suggest that you:

- **Use natural or logical consequences.** For example, a *natural* consequence of forgetting homework is getting a zero. A *logical* consequence of losing an item is having to replace it.
- **Plan ahead.** Talk with your child about discipline. Agree on basic rules and consequences. Enforce rules consistently.

Source: "Natural and Logical Consequences for Behavior," WebMD, nswc.com/consequences.

Helping Children Learn®

Published in English and Spanish, September through May.

Publisher: John H. Wherry, Ed.D.

Editor: Alison McLean.

Staff Editors: Rebecca Miyares & Erika Beasley.

Production Manager: Pat Carter.

Translations Editor: Victoria Gaviola.

Layout & Illustrations: Maher & Mignella, Cherry Hill, NJ.

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1-800-756-5525 • www.parent-institute.com • ISSN 1527-1013

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