



## Bobcats of the Month -February

### Jocelyn Bailey

When I was gone from school, Jocelyn stepped up and helped get my computer working for my sub who is older and struggles with technology! Way to go Jocelyn! Proud of you!

Mr. Hinman



### Alley Jorgenson

Alley is excited to come to class each day. She is always prepared and wants to make sure she understands the subject at hand. She engages in great discussion and adds so much to the class.

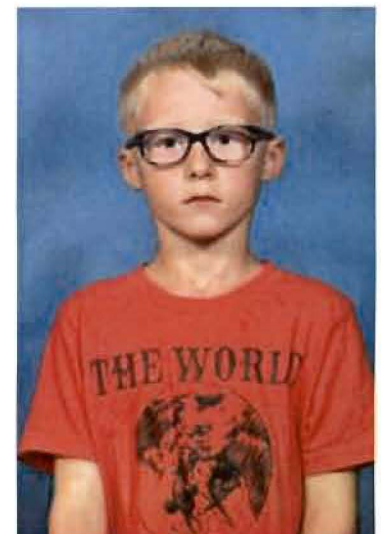
Miss Popp



### Emmit Quitmeyer

Emmit works hard daily to be a good friend, classmate, and student. When asked to do something that is hard he consistently perseveres through. He is always ready to learn. Emmit is eager to collaborate with others. He is always ready to share his creative and innovative ideas. I am proud to say Emmit is the Bobcat of the Month.

Mrs. Anderson



Spring is right around the corner and we can't wait until we see some beautiful spring days. The warm weather and sunshine seems to bring on spring fever in many kids. Please remember that even as the weather starts to get warmer, please send a jacket/coat with your child to school.

March brings an increase in the amount of activities and events that we have going on. Please make sure to ask your student if they have any papers that you may need to see.

Starting March 1st our elementary students will be competing in a March Madness reading challenge. They will be placed on teams competing for the highest reading points. This is a great way to get kids reading while adding a little incentive. Students will also celebrate Read Across America Week March 6-8. Each grade level will celebrate a different author and we will have theme dress up days. Keep an eye out for the details coming home soon. We are working on getting an author lined up to come and visit our school.

On March 23rd we will hold our Family Literacy Engagement Night. More information will be rolling out soon about it so be on the lookout! This year's theme is Bingo for Books! We are excited to get the opportunity to engage in what meaningful reading looks like all while having fun playing BINGO.

Thank you for sharing your child with us and for all you do to make their learning experience a success.

Mrs. Jesseph

## FCCLA PIZZA KITS!

FCCLA Members will be selling Little Caesars Pizza kits from March 13th-March 27th! Payment of pizza kits are due at time of order. Pizzas will be delivered the week of April 10th. Please contact an FCCLA member or the school if you would like to purchase a kit.





# Callaway Public Schools Board of Education February Meeting Recap

## Discussion Items:

- ☐ Potential Pre- School Expansion

## New Business Action Items:

- ☐ Approved the ESU 16 Distance Learning Contract Renewal for the 2023-24 school year.
- ☐ Approved the ESU 10 Special Services Contract for the 2023-24 school year.

## Reports:

- ☐ Mr. Birkel gave an update on winter sports and activities.
- ☐ Elementary Principal Report- Mrs. Jesseph provided the NSCAS Testing Windows.
- ☐ Secondary Principal Reports- FCCLA, FFA, Speech, and Poetry Out Loud accomplishments.

## Personnel:

- ☐ Superintendent Evaluation and Contract Addendum. Mr. Hanson's contract currently runs through the 2024-25 school year.

## Donuts with Dudes

The Preschoolers had a great time at Donuts with Dudes on February 2nd. We sang a nursery rhyme, ate yummy donuts and made a craft with our dudes. We are grateful for everyone who was able to make it that day.

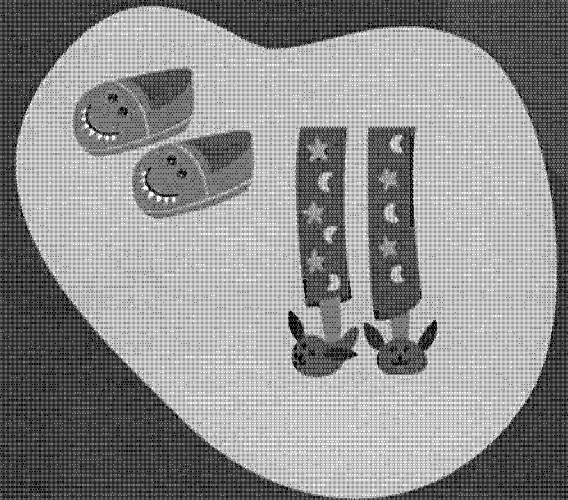


# ≡ READ ACROSS AMERICA ≡

## MARCH 6-8

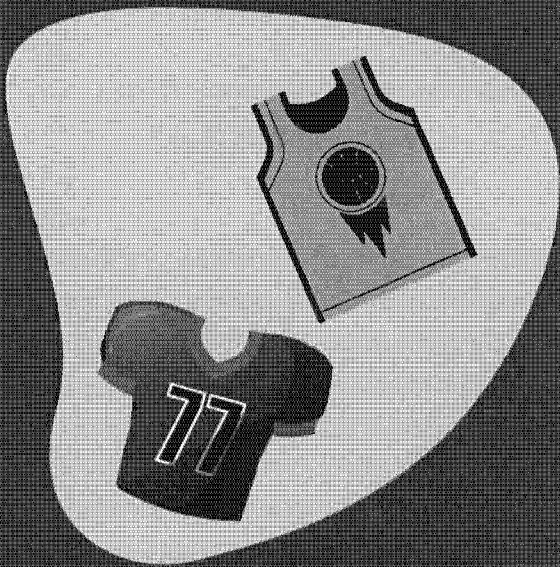
### Sleepy Monday

WEAR YOUR PAJAMAS AND  
SLIPPERS



### Team Tuesday

WEAR YOUR FAVORITE TEAM'S  
JERSEY, APPAREL, OR COLORS



### Wild Wednesday

WEAR A HAT, CRAZY  
SOCKS, OR WACKY HAIR





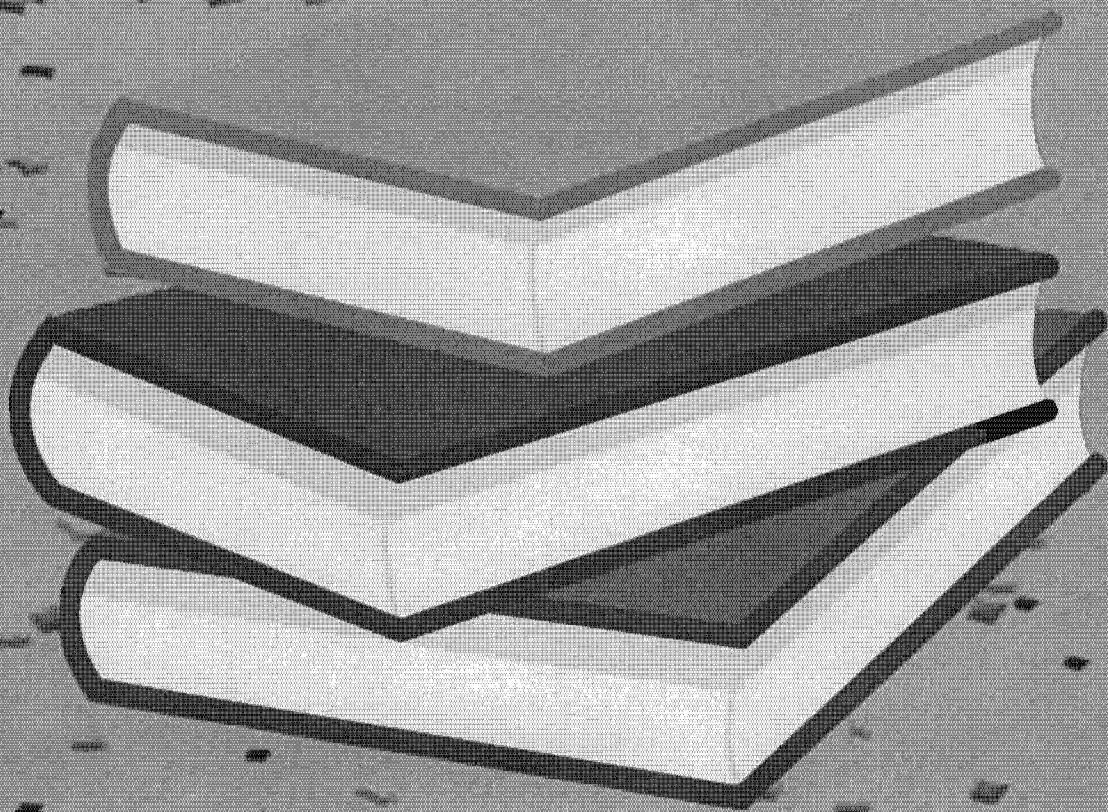
GOT BOOKS?

# READATHON

Callaway FCCLA is having an event that allows children and parents to read to one another. This event will be held at the public Library in Callaway every Tuesday in March. There will be a guest reader each night from 6:40-7 P.M.

Please come out and join us to celebrate  
Read Across America!

March 7th, 14th, 21st, and 28th 6-7 P.M..



# CALLAWAY SCHOOL—MARCH 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 8:00am—8-9 grades College Visit	2 12:30pm—FCCLA Chapter Meeting  7:00pm—Night of Speech  8:00pm—Preschool Expansion Meeting	3	4
5	6 3:30pm—JH MNAC Quiz Bowl @ Dunning  7:00pm—FFA Meeting  8:30am—District Speech @ Bertrand	7	8 2:40pm- Dismissal  FFA Livestock Judging @ York  End of Quarter 3	9 NO SCHOOL	10 NO SCHOOL	11
12 1:00-3:00pm— State Poetry Outloud	13 8:00pm—Board Meeting	14 8:00am—11-12 grade College Visit to Hastings	15 1:00-3:00pm—High School Book Club	16 8:00am—Expanding Your Horizons 6-8 grade girls	17 8:00am—State Speech @ Kearney	18 11:00—Track @ UNK
19	20	21 7:00am—Wellness @ Work  8:00am—ACT	22 2:40 Dismissal  6:00am- Inter-high Day	23 9:00am—Quiz Bowl @ Kearney  10:30—Muffins w/Mom—Preschool  12:15—Muffins w/Mom—Preschool  5:30pm— Family Engagement Night	24	25 10:00am—Track @ Hershey
26	27	28 8:00am - MNAC Music Contest @ Sargent	29 State FFA in Lincoln	30 State FFA in Lincoln  10:00am—JV Golf @ Stapleton  10:00am—Varsity Golf @ Prairie Hills	31 State FFA in Lincoln  10:00am—Hi-Line Track Invite @ Elwood	

\*All times are in Central Time Zone

\* Events are subject to change

\*Need more info? Call 308-836-2272

# MARCH 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 Muffins Calzones	2 Biscuits & Gravy Goulash	3 Pancake Wraps Fish Sandwich	4
5	6 Breakfast Bars Sloppy Joes	7 Breakfast Pizza Chicken Fried Steak	8 Long Johns Hamburgers	9 No School	10 No School	11
12	13 French Toast Sticks Meatball Sub	14 Breakfast Sandwich Baked Potato Bar	15 Tornados Pizza	16 Cinnamon Rolls Corn Dogs	17 Glazed Donuts Spaghetti (Choice of meatless or meat)	18
19	20 Biscuits & Gravy Chicken Alfredo	21 Breakfast Burritos Tatortot Casserole	22 Pancakes Pepperoni Cheese Sticks	23 Turnovers Little Smokies	24 Roller Bites Fish Tacos	25
26	27 French Toast Sticks Lasagna	28 Tritators & Sausage Runzas	29 Muffins Tacos	30 Breakfast Runza Chicken Strips	31 Pancake Wraps Potato Soup	

BREAKFAST  
INCLUDES:  
MILK, JUICE, OR  
FRUIT AND MAIN  
BREAKFAST ITEM.  
BREAKFAST WILL  
NOT BE SERVED  
ON 10:00  
STARTS.

Breakfast: \$2.25  
Lunch: \$2.70  
7-12: \$2.85  
Adults: \$4.00  
Extra Milk: \$.40  
Seconds: \$.75  
Extra Juice: \$.25

## Breakfast & Lunch Menu

Lunch Includes: Veggie/Fruit Bar and Milk

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# Helping Students Learn®

Tips Families Can Use to Help Students Do Better in School

Title I-Educational Service Unit 10



March 2023

## Point to successful, relatable role models to boost interest in STEM

Role models can inspire students to achieve. A recent review of research on boosting interest in science, technology, engineering and math (STEM) breaks down qualities that make role models effective. To provide role models and spark interest in STEM subjects and careers:

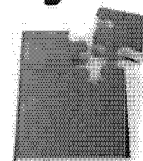


- **Look for biographies** of diverse, successful people in a variety of fields: space exploration, coding, oceanography, engineering, cybersecurity, paleontology, etc. Encourage your child to learn more about people who sound interesting.
- **Share examples from the news.** Show your middle schooler articles or videos featuring people who discover cures for diseases or engineer self-driving cars, for example.
- **Find real-life role models.** Have your child talk to a college student majoring in a STEM field, such as a neighbor or cousin. At the doctor's office, point out that doctors, nurses and lab technicians studied STEM topics and use what they learned every day.
- **Make connections** between your child and the role model. Are your families from the same background? Does the role model also work hard at math or love music like your child does? Seeing role models as "just like me" or "regular people" can make their accomplishments seem within reach to your child.

Source: New York University, "Which role models are best for STEM? Researchers offer recommendations in new analysis," ScienceDaily.

## Add to prior knowledge

Having *prior knowledge* of a topic makes it easier for your child to understand reading that relates to it. To grow your student's base of knowledge:



- **Encourage your child** to read news articles on a wide variety of topics.
- **Watch educational shows** together.
- **Visit historic sites** as a family.
- **Talk about your own experiences.**

## Chart a path to the future

One of the most effective ways you can boost academic achievement is to help your child understand the link between education and dreams for the future.

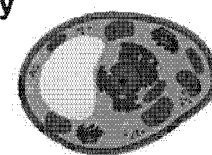
Does your child want to be an architect? Mechanic? Fashion designer? Together, investigate the education or training required. Look for schools that offer the necessary programs. Remind your child that while dreams may change, a solid education is a ticket to achieving life goals.

Source: D. Viadero, "Scholars: Parent-School Ties Should Shift in Teen Years," Education Week.

## Preparation gets results

Effective preparation is a sure route to test success. Teach your middle schooler to:

- **Schedule plenty of study time**, starting on the day the test is announced.
- **Create a list** of key facts and concepts.
- **Break material down** into chunks and study one chunk at a time.
- **Use multiple study strategies.** Your child could teach you the material, create a diagram or model of concepts, and make and take a practice test.
- **Save the last day** of studying for review, not learning new concepts.



## Encourage healthy food choices

Nutrition makes a difference to learning. Students who eat a healthy diet are better able to stay alert in class and retain what they learn. Middle schoolers make a lot of food choices, and they need to learn to make responsible ones.

To help your student become an informed eater:

- **Expose your child** to a variety of foods. Plan your weekly meals together and set a goal of trying one new healthy food each week.
- **Read nutrition labels** with your child. How many servings of chips are in that bag? If it's more than one, have your child multiply the fat and salt content by the number of servings. If your child eats the whole bag, is it a healthy choice?
- **Don't forget water.** Hydration is key to brain function. Give your child a water bottle to drink from throughout the day.
- **Insist that your child** eat breakfast, at home or at school.



# Helping Students Learn

Tips Families Can Use to Help Students Do Better in School



MIDDLE SCHOOL

March 2023

## Q&A How can I discourage copying friends' behavior?

**Q:** My middle schooler has become friends with some kids who are rude and even mean to others. My child thinks these kids are funny. I don't want my child to act this way—what can I do?

**A:** Peer influence is strong in these years. To balance it, start a conversation about friendship with your child—without mentioning particular people. What does your child like about hanging out with school friends? What do they like to do together? What values do they share? How do they make your child feel?

It may be that these friends make your child feel more mature or appealing. Or perhaps your child isn't totally comfortable with the way they act, but isn't sure what to do about it. To encourage positive social behavior:

- **Avoid criticizing your child's friends.** Belittling them may make your child feel the need to defend them.
- **Ask guiding questions.** "It sounds like Morgan was pretty rude to the teacher today. How did that behavior make you feel?"
- **Talk about humor.** Say that no matter how clever a comment may seem, if it is rude or hurtful, it isn't funny—and it isn't OK. Explain that social interactions can be tricky, and you will help your child figure them out.
- **Set boundaries.** If you have real misgivings about your child's friends, supervise when your child spends time with them outside of school.



## Parent Quiz

### Are you encouraging frequent reading?

Pleasure reading helps students enlarge vocabulary and gain comprehension skills. Are you encouraging your middle schooler to make time for reading every day? Answer *yes* or *no* to the questions below:

1. Have you established a regular family reading time?
2. Do you put interesting reading materials in every room of your home?
3. Do you share articles and books on topics that might interest your child?
4. Do you read in front of your child and talk about what you're reading?
5. Do you involve your child in activities that require reading, such as cooking or building things from instructions?

#### How well are you doing?

More *yes* answers mean you are making reading a fun and frequent activity at home. For each *no*, try that idea from the quiz.

"I read for pleasure and that is the moment I learn the most."

—Margaret Atwood

## Put emotions to work

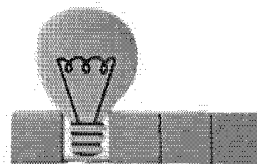
Is your child acting silly one minute and feeling overwhelmed the next? Brain research shows emotional thinking develops earlier than rational thinking. To engage your child's emotions for learning:

- **Share funny cartoons,** videos and memes about learning topics.
- **Make it personal.** If the topic is the Revolutionary War, you might ask "Can you think of a time when you felt like revolting against authority?"
- **Encourage imagination.** Ask questions like "What would it have felt like to start a new country?"

Source: T. Armstrong, Ph.D. *The Power of the Adolescent Brain: Strategies for Teaching Middle and High School Students*, ASCD.

## Tutoring: what to expect

Many schools and families are turning to tutors to help fill in pandemic learning gaps. If your child is working with a tutor, it's important to establish realistic expectations. Together, set small, short-term goals for your child. Meeting them is a good sign that the tutoring is working. If your child isn't meeting goals after a few months, consult with the school counselor about possible next steps.



## Ease high school nerves

Is high school the next step for your child? Start now to smooth the transition. Here's how:

- **Build excitement** about high school opportunities: new friendships, more freedom, a broader range of classes.
- **Connect with resources.** School counselors and current high school students can answer many questions.
- **Express pride.** Your child is about to reach a huge milestone!

### Helping Students Learn®

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# BOXHOLDER

