## **The Bobcat**

May 23

## Bobcats of the Month -April

## **Landon Carey**

Landen is a hard worker that always has a smile and a calming presence.

Mrs. Fowler



#### Erin Fitzgerald

Erin is a very hard worker in Algebra I. She comes to class prepared with a great attitude, smile, and work ethic. Erin puts forth her best effort to succeed academically. I appreciate her positive attitude and consideration for others.

Mrs. Ellis



## Noah Walker-Lopez

Noah is a valued student at CPS. He displays a mischievous grin on his face, from the minute he arrives, until the dismissal bell rings at 3:44pm. Noah enhances group discussions with his insightful questions. Thank you for keeping me on my toes, as an instructional coach. You fill my teaching day with JOY!

Mrs. Dockweiler





### **Abby Stallbaumer**

Abby always has a positive attitude and willingness to help out. She works hard in the classroom along with everything she is involved in. Her leadership stands our and I have had the pleasure of seeing those skills grow as an FFA officer. No matter how busy Abby is she is always willing to do what she can to fulfill her expectations. I can't wait to see what the future holds for Abby and where life takes her.

Mrs. Chytka

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## Callaway Public Schools April Board of Education Meeting Recap

#### **Action Items:**

Approved the 2023-2024 school calendar

Approved the hire of Patrick Recoy for the Business Teacher/Technology Coordinator for the 2023-2024 school year

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## Free Showing

% of concession will be donated

# Moyie Night





May 21st, 2023 2:00 PM

**Broken Bow Theater** 

Join Callaway FCCLA to watch Minions Rise of Gru to help raise money in support of their trip to Colorado to compete at nationals!

## MAY 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 French Toast Sticks Hamburgers	2 Cini Mini Chicken Strips	3 Tornados Spaghetti	4 Long Johns Pulled Pork Sand- wiches	5 Waffles Lasagna	6
7	8 Tornados Mesquite Chicken Sandwich	9 French Toast Sticks Hot Dogs	10 Muffins Ham	11 Pancakes Tacos	12 Breakfast Bars Pepperoni Cheese Sticks	13
14	15 Cooks Choice Cooks Choice	16 Cooks Choice Cooks Choice	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

BREAKFAST INCLUDES: MILK, JUICE, OR FRUIT AND MAIN BREAKFAST ITEM. BREAKFAST WILL NOT BE SERVED ON 10:00 STARTS. Breakfast: \$2.25 Lunch: \$2.70 7-12: \$2.85 Adults: \$4.00 Extra Milk: \$.40

Seconds: \$.75 Extra Juice: \$.25

## Breakfast & Lunch Menu

Lunch Includes: Veggie/Fruit Bar and Milk

USDA is an equal opportunity provider and employer.

## Calla ar CHOOL-Ilar .073

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 12:00—4-6th Grade & NHS Zoo Trip	2 4-6th grade Zoo Trip 3:00—Best of the West @ Sothern Valley 7:00pm—FCCLA Banquet @ Callaway	3 10:00— JH Track @ Gothenburg 2:30pm—JV Golf @ Thedford	4 6:30pm—Sports Banquet @ Callaway 9am—Golf @ St. Pat's	5 10:00am—Track @ Ar- nold Elementary Movie Field Trip	6
7	8 9:30am—Honor's Cer- emony—Learning Cen- ter 1:30pm—Senior Tea	9 12:30pm—Teammates Pizza Lunch 4:00pm— FCCLA Pam- pered Chef Party 7:00pm—Secondary Spring Concert	10 11:00am—Golf @ Mul- len	11 10:00am—District Track@ Southern Valley	12 12:30pm—Elementary Track Meet	13
4 :00-Graduation	15 District Golf @ Cam- bridge 6:00pm—Preschool Graduation	16 8:30am— 1-3rd grade field trip Kindergarten Field Trip	17 9:00am- Elementary Awards 11:00am- Dismissal	18 5:00-8:00pm—FCCLA Car Wash	19 State Track	20 State Track
l :00pm—FCCLA Jovie Theater undraiser	22 8:00am—FFA State Horse Judging	23 State Golf	24 State Golf	25	26	27
8	29	30	31			
'All times ar	e in Central Time 2	Zone *	Events are subject	to change	*Need more info?	Call 308-836-22

order one before out! they are all sold out!

\$45

## Order the 22-23 Yearbook

If you want to purchase an older yearbook, please email sfowler@callawaypublicschools.org for availability and prices.

Name\_\_\_\_

Grade\_\_\_\_

Phone #\_\_\_\_\_

Address\_\_\_\_\_

(Include \$6 for s/h if you need it mailed).

Books will be delivered Fall 2023
Checks payable to *Callaway Public Schools*Return order form and payment to Mrs. Sarah Fowler

Support your middle schooler's developing autonomy

Autonomy is the ability to think for oneself, make decisions and act independently. Middle schoolers crave this step toward adulthood, and responsible autonomy leads to greater academic achievement, higher self-esteem and less depression.

Developing responsible autonomy happens over time. To support the process:



- **Discuss the school year** with your middle schooler. What does your child think went well? What would your child like to do differently next year? Encourage asking teachers to suggest strategies for improvement.
- **Involve your student in making plans** for the summer. How does your child want to spend time? How will those ideas fit with family plans?
- **Suggest volunteering** for a cause your child cares about. Help your child research opportunities that match those interests.
- **Establish reasonable guidelines** for your child's social life. Within in them, allow your child the freedom to develop and navigate relationships without your direction. Wait to be asked before giving advice.
- **Talk with your child** about current events. Ask for your student's opinions, and consider them before sharing your own. Say that you are always interested in your child's ideas, whether or not you agree with them.

## Provide a lesson in stock market math

Having a lot of money to buy what they want is a common goal for middle schoolers. Here's a game to turn your child's interest in money into a deeper understanding of investing and how the stock market works.

- Explain that stocks are pieces, or shares, of a company. Their value can go up or down, depending on how many people want to buy or sell them.
- **2. Show your child** where stock prices are listed online.
- **3. Explain that** after buying 100 shares of a \$10 stock, your child would have \$1,000 dollars worth of it. But if the stock goes up to
- \$11, your child would have \$1,100 worth. If it goes down to \$9, the investment's value drops to \$900.
- **4. Name a pretend amount** of money, and let your child decide which stocks to "buy" with it.
- **5. Have your child track** the stocks' values for a month. Each day, your child can chart the prices and figure out how much money the investment has made—or lost.

#### Schedule time for exercise

When students feel stressed, it is harder for them to do their best. Regular daily exercise has been shown to help kids feel happier,

stay calm, sharpen memory and develop self-confidence. Help your child fit one hour of exercise into each day. Feeling in control



physically may help your middle schooler feel able to take control of studies, too.

Source: "Exercise and stress: Get moving to manage stress," Mayo Foundation for Medical Education and Research.

## **Choose words carefully**

Assume that your child is listening when you speak, even if it doesn't look that way. Middle schoolers perk up their ears when they hear their names, and they are mature enough to note the tone of your voice. If you could be overheard, avoid making negative comments about your child to others.

#### Read some 'brain movies'

Can your child remember every detail of every Marvel movie, but nothing about reading assignments for school? Demonstrate how to turn reading into "brain movies":

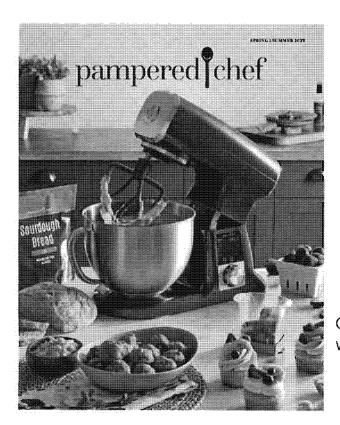
- **1. Choose a poem** or story that is filled with descriptive language, such as Edgar Allan Poe's "The Rayen."
- such as Edgar Allan Poe's "The Raven."2. Find images online that set the scene and show them to your child (Poe's house is a museum in Baltimore).
- **3. Read the passage aloud.** Ask your child to imagine and describe what it would look like as a movie.

Encourage your child to take the same approach with assigned reading.

Source: D. Wilson and M. Conyers, "Brain Movies: When Readers Can Picture It, They Understand It," Edutopia. The Bobcat Callaway Public Schools P.O. Box 280 101 N. Needham Callaway, NE 68825 Phone: 308-836-2273

Website: callawaypublicschools.org

## **BOXHOLDER**



Callaway FCCLA
PAMPERED CHEF FUNDRAISER

Join the fun!

Now - May 9th

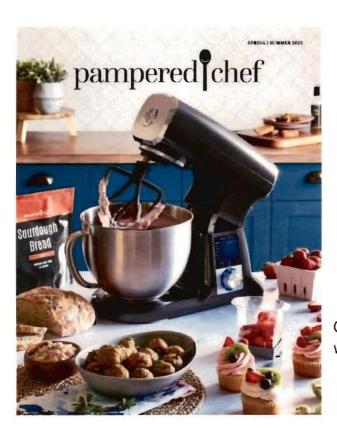
In-person party: May 9th 4-7 PM FCS Room

Online: Scan the QR code and it will take you to the new catalog and place your order online!



The Bobcat Callaway Public Schools P.O. Box 280 101 N. Needham Callaway, NE 68825 Phone: 308-836-2273

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