

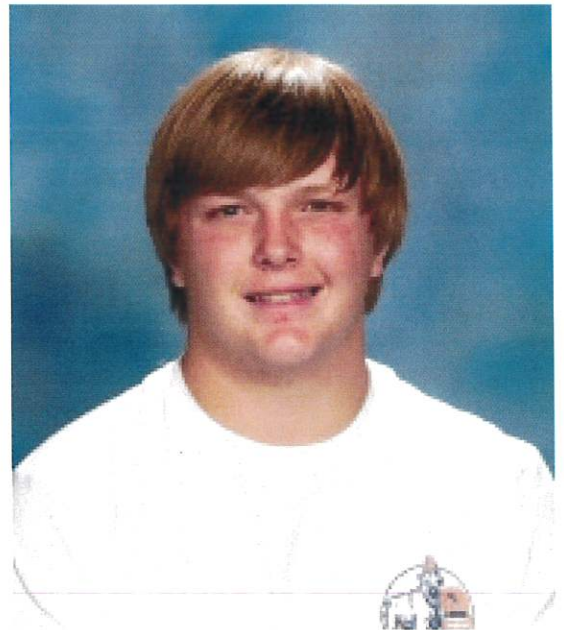


Bobcats of the Month - January

Joey Sallach

Several times this year, I have witnessed Joey taking the initiative to help someone that needed help. He does it quietly and without being asked. I admire him for this quality.

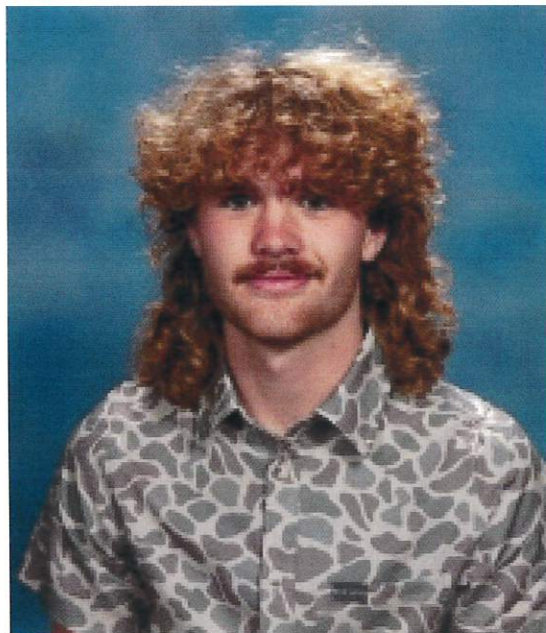
Mr. Ellis



Harper Johnson

Harper is willing to step in and help wherever needed. He has done a great job with his Bear Cub group jumping in with any game they have ready. In class he is always looking to learn something new.

Mr. Recoy



Callaway Public Schools January Board of Education Meeting Recap

Election of Officers:

President- Mike Reiff

Vice President- Rhonda Pandorf

Secretary- Liana Hrupek

Treasurer- Jim Phelps

Appoint Perry, Guthery, Hasse, and Gessford PC, LLO as Official District Legal Counsel

Appoint Nebraska State Bank & Trust Co as Official Depository for All District Funds

Appoint Callaway Courier as Official District Newspaper

Appoint Superintendent as Authorized Representative for Federal Funds

Appoint Superintendent as District Non-discrimination Compliance Coordinator

Approve Superintendent Contract Format

February BOE Meeting- Monday February 12th at 7:00 PM

From the Principal's Desk

Parent Teacher Conferences are coming up and they are scheduled for February 8th from 2:00-8:00 PM. School will be dismissed at 1:30 on Thursday, February 8th and we will not have school on Friday, February 9th. Conferences are a great time to visit with the classroom teachers to see how your child is doing in the classroom. Please try to attend conferences on February 8th but if you are unable to attend, you can always contact your child's teacher(s) to visit with them!

February 14th, Elementary will have a full day of school and 7-12 will be dismissed at noon.

Just a reminder that on days when we have a late start due to weather we will not have morning preschool, breakfast will not be served and buses will run accordingly.

Thank you!

SKYLAR



1

What is your full name and nickname?

Skylar Tamra Jean Ellison, Sky

2

What are your parents'/guardians' names?

Heather and John Ellison

3

What is your favorite verse or saying?

Above all else, guard your heart,
for everything you do flows from it.

Proverbs 4:23

4

Three words that describe your personality:

Passionate, Sassy, Ambitious

5

What are some extracurricular activities you are involved in?

Teammates, Volleyball, Art Club, One Acts, National Honor Society,
FCCLA, Methodist Youth Group, and Interact Club.

6

Where do you see yourself in 5 years?

In Lincoln hopefully working in an office as a mental health
counselor.

7

What is your favorite food and drink?

Pasta, Coconut Redbull, Dr. Pepper

8

What are your plans after high school?

To attend UNL as a psychology major.



BRADY BRESTEL

What is your full name..any nicknames?

Brady Robert Brestel
nickname - Bird Man

Who are your parents?

Michelle and Doug Brestel

What sports have you participated in?

Basketball, track, golf

Favorite thing to do in your free time?

Hangout with friends

What's your favorite genre of music?

Rap

Do you have a favorite place?

The Sassafras Mountain in South Carolina

What will you miss the most from highschool?

My friends

Helping Students Learn®

Tips Families Can Use to Help Students Do Better in School



HIGH SCHOOL

January 2024



My teen doesn't talk about school issues. What can I do?

Q: My 10th grader would make a great secret agent. When it comes to problems at school, my teen's lips are sealed. Last year, my teen kept failing grades in math a secret until it was almost too late to do anything about it. How can I get my student to tell me about things that matter?

A: When students get to high school, it isn't always easy to get them to talk about their classes. But you are right to try. Talking about school is important for you and your teen.

One solution to improve communication may be to get your teen to open up about things that are less important. Do a household project together. Take your teen for a drive or on a walk. When you are both focused on another task, conversation may come more easily. Talk about everyday things, and try to do at least as much listening as talking. Let your teen take the lead in the conversation.

Teens don't always have the best judgment about what families need to know. You'll also need to communicate with the school. Is there an online grade book you can monitor? You can also contact your teen's teachers or counselor to ask about your teen's progress or discuss concerns. Your teen may never reveal some secrets, but you can find out what you need to know.



Are you promoting single-tasking?

Teens love to multitask. But studies show that multitasking is distracting. So your teen may be doing many things, but doing none of them well. Are you helping your teen concentrate on the task at hand? Answer *yes* or *no* below:

- ___ 1. **Do you have** your student turn off TVs, phones and other devices not needed for assignments during study time?
- ___ 2. **Do you help** your teen prioritize tasks and plan enough time to do them?
- ___ 3. **Do you check** sometimes to see how many things your teen is doing while studying?
- ___ 4. **Do you encourage** activities that build concentration, such as reading?
- ___ 5. **Do you set** an example by focusing on one thing at a time?

How well are you doing?

More yes answers mean you are helping your teen strengthen powers of concentration. For each no, try that idea.

"Success demands singleness of purpose."
—Vince Lombardi

Build goal-reaching skills

Reaching long-term goals takes planning and persistence. To foster these skills:



- **Mention challenging things** your teen has learned how to do that have taken time and effort to master.
- **Discuss time management.** Help your teen break big projects down into smaller tasks with individual deadlines.
- **Teach financial planning.** How much does that "gotta-have-it" item cost? Help your teen calculate the time it would take to afford it by saving at different rates.

Help prevent cyberbullying

Research shows that teens who see their families as loving and supportive are less likely to engage in cyberbullying. Teens can also help stop it. Have your student:

- **Delete mean or hurtful comments** on your teen's own social media posts.
- **Unfollow or block users** who repeatedly post negative things about others.
- **Spread the word** among friends that bullying is uncool and agree not to do it.

Source: New York University, "Teens who think their parents are loving are less likely to be cyberbullies," ScienceDaily.

Construct a memory palace

Does your teen have material to memorize? Suggest making a memory palace. This strategy works best when students are familiar with the material, but need a way to recall it easily. Share the process with your teen:

1. **Make a mental map** of your home.
2. **Picture each fact** or item to be memorized in a different area in the home.
3. **Take a mental walk** through the home to recall each piece of material.

Helping Students Learn®

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Helping Students Learn®

Tips Families Can Use to Help Students Do Better in School
Title I-Educational Service Unit 10



January 2024

Teach your high schooler how to avoid common study mistakes

Students don't always know how to make the most of their study time. Discuss these common study traps—and ways to avoid them—with your teen:

- **Not knowing** where to begin. At the start of each study session, your teen should make a list of the tasks that need to be completed that day. Then it's time to prioritize. Which are the most important? Your teen should do those things first.
- **Reading without remembering.** Help your teen learn how to read actively. This involves making a list of questions about the topic before beginning to read. Then while reading, your teen can look for the answers. After reading, your student should try to restate the answers.
- **Assuming understanding.** Instead of moving on after doing an assignment, your teen should pause for a short self-quiz. Suggest making up questions a teacher might ask about the topic, then trying to answer them.
- **Reading lying down.** For many teens, it doesn't take long at all for reading lying down to turn into sleeping.
- **Studying all night.** Cramming doesn't work. Learning things in shorter sessions spaced out over time is the best way to remember them.



Help your teen set learning resolutions that stick

The secret to sticking with resolutions is to resolve to do specific things, rather than just to "do better." For a bright 2024, encourage your teen to set learning resolutions that involve specific actions, such as:

- **I will ask** at least one informed question in every class. To do this, your teen will have to pay attention.
- **I will review** my class notes every night before bed.
- **I will begin** working on projects on the day they are assigned.



Reading is a winning move

Practice is as critical to building reading skills as it is to developing sports skills. If your teen loves sports, reading about athletic heroes is a chance to do both. Encourage your teen to try a biography of an all-star in a favorite sport.



Use praise that motivates

Praise can improve your communication with your teen—and encourage your teen to keep making positive choices. For results:

- **Focus on actions.** Instead of saying "Wow!" for a top grade, say, "You've been working hard. You earned it!"
- **Make it a conversation.** When your teen does something well in school, say things like, "I want to hear all about it!"
- **Help your teen reflect** on the good feelings that come from success. "You must be so proud of landing that job. What was the best part of the interview?"

Sources: "Essentials for parenting teens: Praising your teen," Centers for Disease Control; "What to say instead of 'I'm proud of you,'" Edutopia.



Suggest directions for thinking

To evaluate a plan, idea or choice, your teen needs to think it through. One four-step method matches things to think about with points on a compass:

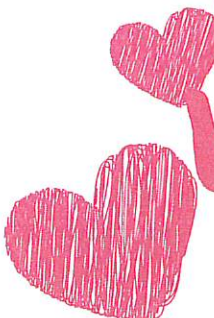
1. **EAST = Excited.** When choosing a topic for an essay about a personal experience, for example, your teen can ask, "What excites me about this experience?" This can help your teen choose a topic that's interesting to write about.
2. **WEST = Worrisome.** What concerns your teen about the chosen topic? Your teen might worry it's not impressive or unusual enough.
3. **NORTH = Needs.** What would help your teen evaluate the topic?

Your student might read essays online about others' experiences and think about what makes them compelling—even if the experiences seem ordinary.

4. **SOUTH = Stance.** Now your teen can take a position: "Moving to a new town is common, but we moved during the pandemic and I didn't meet my new classmates in person for a whole year."

Source: "Compass Points," Project Zero, Harvard Graduate School of Education.

F E B R U A R Y 1 4



CARNATIONS FOR VALENTINE'S DAY

Send a Carnation to anyone in
the high school or elementary
\$2/flower

Order forms located at the office, at
parent/teacher conferences, or contact
Amy Birkel @ 308-440-6538 / Erin Reiff @308-289-3060

Turn orders into the school office or drop off at
Nebraska State Bank

Due February 8th
MONEY IS DUE AT PURCHASE

Flowers will be delivered at school on
February 14th

SPONSORED BY CALLAWAY AFTER PROM



Carnations for Valentine's Day

Send Carnations to anyone in the high school or elementary on February 14th

Name of Recipient: _____ Grade: _____

\$2 per Flower

Flowers will be an assortment of Red and White in color

Number of Flowers: _____

Grand Total: \$ _____

Sponsored by Callaway After Prom

Please fill out the tag below – this will be attached to the flower(s)

To: _____
From: _____
Message: _____ _____

FFA ~JANUARY~ MEETING RECAP

2024

~Celebrations~

FFA members donated 12 hygiene boxes to Healing Hearts and Families.

Thank you to all members who participated!

- FFA Week Committee- Neltje, Kaygan, Jaxon, Patrick & Chloe
- CDE Sign-up & set practice times

Upcoming:

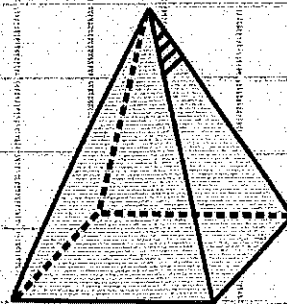
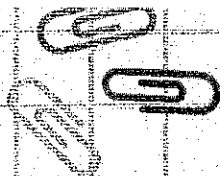
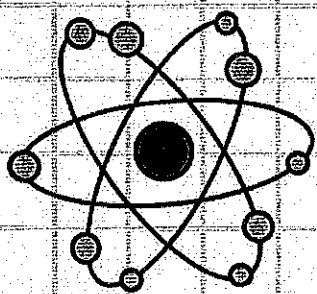
JAN. 25- FFA WEEK
COMMITTEE MEETING

FEB. 7-STATE DEGREE
INTERVIEWS @
SHELTON-DELAYNIE

FEB. 15-STATE OFFICER
VISIT

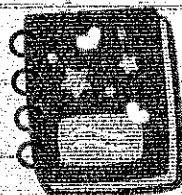
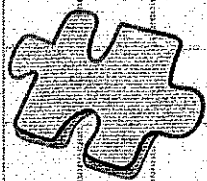
FEB. 17-24 FFA WEEK

FEB. 21- DISTRICT CDE'S @
BOW

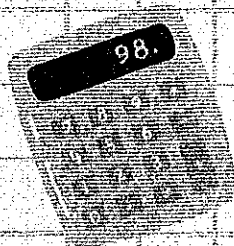
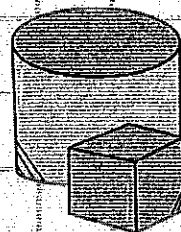


**Callaway Elementary
presents:**

MATH FAMILY ENGAGEMENT NIGHT



- **5:30-6:00 SPAGHETTI SUPPER**
- **5:45 TITLE PRESENTATION**
- **6:00-7:00 MATH ENGAGEMENT ACTIVITIES**



**FEBRUARY 1ST
5:30-7:00 PM**

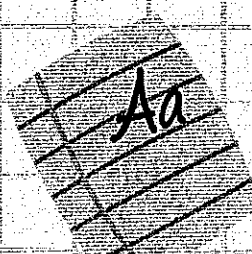
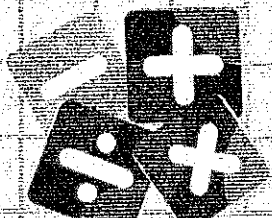


Family Engagement

Win Prizes

Play Games

**ENTER THROUGH THE
ELEMENTARY ENTRANCE**



Callaway Public Schools

Thu Feb 1, 2024

■ All day BB Practice @ Callaway

All day FCCLA Chapter Meeting Lunch

5:30pm Family Engagement Night

6:30pm Senior Post High School Readiness Night

Fri Feb 2, 2024

■ All day BB Practice @ Callaway

■ 3pm Wrestling Duals @ Loup City

■ 4pm Basketball @ Arnold vs Mullen

| Description: JV Girls - 4 JV Boys - 5 Girls Varsity - 6 Boys Varsity - 7:30

Sat Feb 3, 2024

All day FFA State Degrees & Proficiency Apps Due

All day Speech @ Gothenburg

■ 9am Little Bobcat Cheer Camp Callaway

■ 2pm Basketball @ Callaway vs Southern Valley (Senior Recognition Night)

| Description: Girls JV - 2 Boys JV - 3 Girls Varsity - 4 Little Bobcat Cheer during Boys Varsity Boys Varsity - 5:

Mon Feb 5, 2024

■ All day BB Practice @ Arnold

8am MNAC Instrumental Clinic

■ 1pm JH Boys & Girls Basketball @ Callaway vs Twin Loup

Tue Feb 6, 2024

■ All day BB Practice @ Arnold

8:30am Spelling Bee @ Ansley

■ 4:30pm Basketball @ Anselmo-Merna

| Description: JV Girls - 4:30 JV Boys - 4:30 Girls Varsity - 6 Boys Varsity - 7:45

Wed Feb 7, 2024

■ All day BB Practice @ Arnold

9am MNAC Speech @ Loup County

■ 1pm JH Boys & Girls Basketball @ Maxwell

| Description: Girls - 1:00 Boys - 2:00

Callaway Public Schools

Thu Feb 8, 2024

■ All day BB Practice @ Arnold

All day FFA State Degree Interviews & Proficiency Apps Due

1:30pm Dismissal

2pm Parent Teacher Conferences

6:30pm Juniors Post High School Readiness Night

Fri Feb 9, 2024

■ All day BB Practice @ Arnold

All day No School

■ All day TBA - District Wrestling @ Weeping Water

■ 3:30pm Basketball @ Arnold vs Hi-Line

Description:

JV Girls - 3:30 JV Boys - 4:30 Girls Varsity - 6:00 Little Bobcat Cheer during Boys Varsity Boys Varsity - 7:30

Sat Feb 10, 2024

All day Speech @ North Platte

■ All day TBA- District Wrestling @ Weeping Water

Mon Feb 12, 2024

■ All day BB Practice @ Callaway

All day FCCLA Week

■ All day Girls Basketball Sub Districts

Tue Feb 13, 2024

■ All day BB Practice @ Callaway

All day FCCLA Week

■ All day Girls Basketball Sub Districts

7:30am FFA Meeting

Wed Feb 14, 2024

■ All day BB Practice @ Callaway

All day FCCLA Week

All day Noon Dismissal Grades 7-12

Callaway Public Schools

1pm Callaway Quiz Bowl Competition

Thu Feb 15, 2024

 **All day BB Practice @ Callaway**

All day FCCLA Week

 **All day Girls Basketball Sub Districts**

Fri Feb 16, 2024

 **All day BB Practice @ Callaway**

All day FCCLA Week

9am 4th Grade Nebraska Quilt Activity

 **4:30pm Boys Basketball @ SEM**
| Description: JV Boys - 4:30 Boys Varsity - 6:00

Sat Feb 17, 2024

All day National FFA Week

All day Speech @ Loup City

Mon Feb 19, 2024

 **All day BB Practice @ Arnold**

 **All day Girls District Basketball**

Tue Feb 20, 2024

 **All day BB Practice @ Arnold**

 **All day Boys District Basketball**

Wed Feb 21, 2024

 **All day BB Practice @ Arnold**

All day FFA CDE's @ Broken Bow

2:40pm Dismissal- Professional Development

3:45pm MTSS Team Meeting


Thu Feb 22, 2024

 **All day BB Practice @ Arnold**

8:30am Mid- Plains Inter High Day

Callaway Public Schools

Fri Feb 23, 2024

 **All day BB Practice @ Arnold**

11:30am NHS/ Student Council Blood Drive

Sat Feb 24, 2024

All day Speech @ Holdrege

Mon Feb 26, 2024

8am 8th Grade State Life Smart Competition

Wed Feb 28, 2024

9am HSQB @ Broken Bow

Thu Feb 29, 2024

9am JHQB @ Broken Bow

FEBRUARY 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 Cinni/Apple Sticks Chicken Stuffing Casserole	2 Grab & Go Tacos	3
4	5 Tornados Goulash	6 Cinnamon Rolls Meatballs & Potato	7 Breakfast Sandwich Fiestadas	8 Grab & Go Chicken Sandwich	9 No School	10
11	12 French Toast Sticks Hamburgers	13 Cinni/Apple Sticks Chicken Enchiladas	14 Long Johns Pizza	15 Tornados Hot Dogs	16 Grab & Go Fish Sticks	17
18	19 Sausage & Tri- Tators Chicken Fried Steak	20 Breakfast Burritos Spaghetti	21 Grab & Go Chicken Noodle Soup	22 Biscuits & Gravy Popcorn Chicken	23 Grab & Go Tuna Noodle Cas- serole	24
25	26 Tornados Pulled Pork Sand- wich	27 Breakfast Sandwich BBQ Chicken Legs	28 Pancake on a Stick Chili Soup	29 Breakfast Pizza Chicken Strips	1 Grab & Go Fish Sandwich	

BREAKFAST
INCLUDES:
MILK, JUICE, OR
FRUIT AND MAIN
BREAKFAST ITEM.
BREAKFAST WILL
NOT BE SERVED
ON 10:00
STARTS.

Breakfast: \$2.35
Lunch: \$2.80
7-12: \$2.95
Adults: \$4.10
Extra Milk: \$.40
Seconds: \$.75
Extra Juice: \$.25

Breakfast & Lunch Menu

Lunch Includes: Veggie/Fruit Bar and Milk
USDA is an equal opportunity provider and employer.

The Bobcat
Callaway Public Schools
P.O. Box 280
101 N. Needham
Callaway, NE 68825
Phone: 308-836-2273
Website: callawaypublicschools.org

JH/HS BBALL RULE CHANGE BEGINNING 2023-24 SEASON

- **FOULS: NO MORE 1-1 FREE THROWS**
 - BONUS WILL ALWAYS BE 2 SHOTS
 - BONUS BEGINS AT 5 TEAM FOULS
- **TEAM FOULS - RESET EACH QUARTER**
 - SCOREBOARD WILL SHOW A MAX OF 5 FOULS PER QUARTER

THIS RULE CHANGE COMES FROM NFHS. IT WILL TAKE SOME GETTING USED TO. PLEASE BE PATIENT WITH OFFICIALS & SCOREBOARD OPERATORS.