# **The Bobcat**

March 23



# Bobcats of the Month - February

# Jaxon Feddersen

Jaxon is a good student.

He works hard everyday
and is always willing to go
the extra mile. He has a
great sense of humor and I
sure enjoy him in my class.

Mrs. Rush



# **Tasia Trotter**

Tasia is always respectful in class. I appreciate her positivity and the way she greets our class periods with enthusiasm. Tasia works hard and completes her assignments on time.

Working independently has been a strength of hers, but she never hesitates to ask for help or clarification. She is self-confident and is an outstanding role model for others.







# Callaway

# **FCCLA Fundraiser**

March 4th-18th

Money due at purchase

# **Little Caesars Pizza Kits**

Any questions contact Miss Popp at cpopp@callawaypublicschools.org or an FCCLA member

# Tega Pandorf



Where are you attending college?
Northeast Community College



What is your fav. quote or verse?

"I'd rather regret the things I've
done than regret the things I
haven't done." - Lucille Ball



What words describe you the most? honest, adventurous, organized



What are you going to college for/major? animal science



Who has been the most influential/role model?

my Grandpa Mark



If you could go back to any grade, what would it be?

First grade



Fav. movie/ tv show
Talladega Nights



Fav. genre of music country



# Jazlynn

Name:

Jaziynn Raydean Bechtold

Where are you attending college?
Wayne State College

What are you going to school for?

Criminal Justice with a minor in family life studies.

Favorite genre of music?

Country

What has been your favorite high school memory? "When Mrs. Sughayer griddied with me"

Any advice for upcoming freshmen?

"Don't take it too seriously, just live your life, it's just high school."

What extracurricular activities were you involved in? Basketball, Cheer, FCCLA, NHS, Youth Group, and Interact

Favorite Color?
Pink

What has been the most challenging part of senior year?

**Not Getting Enough Sleep** 



Favorite quote(or verse)?

"Live every day as if it's going to be your last, and one day, you'll be right." -Malachy McCourt



# Callaway Public Schools

Fri Mar 1, 2024

10:30am Donuts with Dudes

12:15pm Donuts with Dudes

Sat Mar 2, 2024

8am Maxwell Speech

Mon Mar 4, 2024

All day FCCLA Pizza Kit Fundraiser Starts

9am HSQB @ Kearney

Wed Mar 6, 2024

2:40pm Dismissal - End of 3rd Quarter

3:45pm MTSS Team Meeting

Thu Mar 7, 2024

All day No School-Spring Break

Fri Mar 8, 2024

All day No School-Spring Break

Mon Mar 11, 2024

All day FCCLA Officer Lunch Meeting

8pm BOE Meeting

Tue Mar 12, 2024

All day MNAC HSQB @ Loup City

7:30am FFA Meeting

7pm Night of Speech

Wed Mar 13, 2024

All day 8:00am - 10/11th grades college visit @ NECC/Wayne State

Thu Mar 14, 2024

All day FCCLA Chapter Lunch Meeting

8am Expanding Your Horizons - Mid Plains CC

Sat Mar 16, 2024

11am UNK Track

# **Callaway Public Schools**

Sun Mar 17, 2024

2pm Custer County Foundation Scholarship Award Ceremony

Mon Mar 18, 2024

All day FCCLA Pizza Kit Orders Due

9am HSQB @ Kearney

Tue Mar 19, 2024

6:30pm 9th and 10th Grade College Night

Wed Mar 20, 2024

2:40pm Dismissal-Professional Development

3:45pm MTSS Team Meeting

Thu Mar 21, 2024

11am Track @ Arcadia Loup City

Fri Mar 22, 2024

All day State Speech @ Kearney

7:30am AKRS Ag Turf Expo@GI

Sat Mar 23, 2024

7pm Elementary Play

Mon Mar 25, 2024

8am No School- MNAC Music Competition @ Callaway- Teacher Workday

Tue Mar 26, 2024

All day ACT Testing

Thu Mar 28, 2024

10am Track @ Elwood

2:40pm Dismissal

Fri Mar 29, 2024

All day No School- Good Friday

10am Golf @ Amherst

10am JV Golf @ Stapleton

# MARCH 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 Grab & Go Fish Sandwich	2
	4 Sausage & Tri- tators Pigs in a Blanket	5 Breakfast Sandwich Grab & Go Chicken Quesadilla Walking Tacos	6 Grab & Go Walking Tacos	7 No School	8 No School	6
	11 Breakfast Burrito Chicken Alfredo	12 Pancake on a Stick Runza	13 Biscuits & Gravy Sub Sandwich	14 Tornados Chicken Tacos	15 Grab & Go Fish Sticks	16
	18 Combo Bar Long Johns Tator Tot Casserole French Dips		20 Grab & Go Pizza Burger	21 Breakfast Sandwich Grab & Go Crispy Chicken Potato Bar Wrap	22 Grab & Go Potato Bar	23
	25 No School	26 French Toast Sticks Tornados Tacos Pizza Sticks		28 Grab & Go Hamburgers	29 No School	

Breakfast Includes: Milk, Juice, or Fruit and main Breakfast item. Breakfast will not be served on 10:00 starts.

Breakfast: \$2.35 Lunch: \$2.80 7-12: \$2.95 Adults: \$4.10 Extra Milk: \$.40 Seconds: \$.75 Extra Juice: \$.25

# Breakfast & Lunch Menu

Lunch Includes: Veggie/Fruit Bar and Milk

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# Helping Students Learn Tips Familles Can Use to Help Students Do Better in School March 2024



# My teen has a problem with a teacher. What should I do?

Q: My teen has disliked a few teachers before. But now one seems especially hard for my student to deal with. Everything my teen says about this teacher is negative. How should I handle this?

**A:** High school students have lots of teachers, and it is common for them to find one they just don't like. After hearing negative things,



you may be tempted to rush to your teen's defense. Instead, help your student learn to manage the situation. Here's how:

- **Listen and acknowledge** your teen's feelings. Explain that it is OK not to like a teacher. But it is also necessary to learn to work with people we don't like. Say that you know your teen can do this.
- **Discuss what's at the root** of the issue. Does your teen struggle to understand the content in the teacher's class? Does the teacher seem to treat your teen differently from other students? Has your teen done anything that might have contributed to the situation?
- **Urge your teen to ask** for a meeting with the teacher to talk about the issues and work to find solutions.
- **Follow up with your teen.** Are things improving? If not, a meeting with you, your teen and the teacher may be in order.



# Quiz | Are you fostering interest in reading?

Reading is a fundamental skill students use in every class in school. Daily reading will help keep your high schooler's reading skills sharp. Are you encouraging your teen to read? Answer yes or no to the questions below:

- \_\_\_1. Do you put a variety of interesting reading materials in places where they will catch your teen's eye?
- 2. Do you read aloud together sometimes? Pick a book you both might like, and take turns reading to each other.
- \_\_\_3. Do you share articles with your teen that you have read and found interesting?
- \_\_4. Do you talk about the different reasons you read—to find information, to learn something new, to relax?

\_\_**5. Do you read** every day and invite your teen to join you?

## How well are you doing?

More yes answers mean that you are showing that reading is an ideal way to spend time. For each no, try that idea.

"It is books that are

"It is books the wide

the key to the wide

the key to the wide

world; if you can't do

world; if you can't do

anything else, read all

anything else, read all

that you can."

# Exercise can give your teen a mental health boost

The amount of time that teens are physically active is on the decline. And research suggests that too much inactivity increases the risk that a teen will become depressed.

One study of thousands of teens found that kids whose activity levels decreased over time had higher depression rates. Kids who added even one hour per day of light physical activity had lower rates.

Encourage your teen to stick to a regular exercise routine, and to get up and move around often when studying or relaxing.

Source: A. Kandola and others, "Depressive symptoms and objectively measured physical activity and sedentary behavior throughout adolescence," The Lancet Psychiatry.

# **Encourage project planning**

Planning is the secret to success with longterm projects. It should start when the

project is assigned. Have your teen mark the due date on a calendar. Then, have your student cross out any days and times when it isn't possible to



work on the project. With a realistic idea of how much time is left, your teen can plan when to complete each part of the project.

# **Bolster ethical decisions**

In the face of an ethical dilemma, will your teen do the right thing? Provide practice by having your student put any decision through this test:

- Am I hoping no one will find out I made this choice?
- How will I feel about this choice in a month? In a year?
- How will my choice affect others?
- If everyone did what I'm about to do, would the world be the kind of place I want to live in?

# Helping Students Learn®

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P.O. Box 7474, Fairfax Station, VA 22039-7474
1-800-756-5525 • www.parent-institute.com

The Bobcat
Callaway Public Schools
P.O. Box 280
101 N. Needham
Callaway, NE 68825
Phone: 308-836-2273
Website: callawaypublicschools.org

Callaway Public Schools February Board of Education Meeting Recap
Reports:
$\hfill \square$ Brittany Jesseph and Heath Birkel gave a presentation regarding critical thinking in schools.
Discussion Items
☐ Superintendent Evaluation Format
☐ Transportation Request Protocols
Action Items:
$\hfill\square$ Heath Birkel contract and compensation package was approved
$\hfill\square$ Brittany Jesseph contract and compensation package was approved.
$\hfill\square$ Negotiated agreement with teachers was approved for the 2024-25 school year.
$\hfill \square$ Vince Guthrie resignation from the board was approved.
Personnel:
$\hfill\square$ The hiring of Jadyn Kleinschmidt as an elementary teacher was approved.
$\square$ The resignation of Sarah Fowler, Spanish Teacher, was accepted.