**School Wellness Policy Triennial Assessment**

Callaway Public Schools takes pride in supporting our students' well-being in schools. We are addressing issues to give our children the best foundation for success. Every three years’ schools across Nebraska review their Wellness Policies to make sure we are meeting all requirements.

Our wellness policy was assessed as part of the USDA requirements. We utilize the Alliance for a Healthier Generation Checklist.

You can find a copy of the Alliance for a Healthier Generation Checklist results and our Wellness Policy #508.13 on the Callaway Public School's website under the parents link

We are always finding ways to improve Callaway Public Schools. We include opportunities for healthy snacks during the school day and have scheduled in time during the traditional schedule to allow for student to meet their physical and mental health needs. These are just two of the ways we are promoting and improving our Wellness Policy.

We are always looking for members for our Wellness Committee. Please call Tiana Bonde, 308-836-2272, if you would like to be involved.

Bryon Hanson Superintendent

**Step 1- Extent Local Wellness Policy Complies with USDA Requirements and**

**Compares to a Model Policy Tracking Tool**

**Callaway Public Schools**

| Component | Description |
| --- | --- |
| Select the Tool used for model LSWP comparison, upload the assessment in your folder:  If another tool was used, list it here. | * [**Alliance for a Healthier Generation 10-step Checklist**](https://nde.qualtrics.com/jfe/form/SV_cFPQKIPTSvm1sNv) |
| Areas of Strength: | 1. Our policy was drafted by NASB and approved by the Callaway Board of Education |
| 2. Our teachers take part in multiple wellness activities and model appropriate behaviors for our students. |
| 3. Our students have embraced wellness and actively take part in their own personal growth |
| Opportunities for Improvement | 1. Involve outside agencies, including our local hospital in learning opportunities. |
| 2. Give our students more voice in the activities and options for them. |
| 3. |
| As a result of the comparison, was new language adopted in the LSWP? | ☐Yes  XNo |
| If yes, briefly describe what was adopted (include page numbers for new language if possible),  Have the changes been approved by the school board? | ☐Yes  ☐No |
| Describe the next steps for strengthening your LSWP. | More involvement from local agencies. |

**Step #2: Progress in Reaching LSWP Goals**

**Callaway Public Schools**

| Goal  As defined by your LSWP | Was the Goal Met?  Yes/ Partially/ No | What Was Achieved?  Describe how you achieved this goal | Documentation  Share documents (as links or attachments) used to measure LSWP implementation |
| --- | --- | --- | --- |
| *USDA wellness policy goals outline that 3 goals must be included,*   1. *nutrition goal, 2) physical activity goal, and 3) other student wellness goal, additional goals are optional* | | | |
| 1. Nutrition Education Goal(s)- record goal   Healthy snack options for all students. | Yes | As a team we determined our students needed to continue to receive healthy snack options. Our snacks are offered mid morning and our elementary students have scheduled times to receive healthy snacks. This time as labeled as a break mid morning in our master schedule | <https://docs.google.com/document/d/11VrqKU_VRlixe7oCXwhmtXWNRZb20yfJ9Dq58wVLztI/edit> |
| 1. Physical Activity Goal(s)-   Scheduled Physical Activity for all students grades K-12 | Yes | Callaway Public Schools offers P.E. for all students grades K-12 with it being required for all students K-9. There are multiple options for 9-12 students. K-6 students have recess everyday. All P.E. Classes are listed in our master schedule. | <https://docs.google.com/document/d/11VrqKU_VRlixe7oCXwhmtXWNRZb20yfJ9Dq58wVLztI/edit> |
| 1. Other student wellness Goal(s )- record goal,   We added a 21 minute period at the beginning of every day to focus on student mental and physical health. The period is listed on the schedule as Bear Time | Yes | Students in grades K-12 start everyday with social-emotional or physical health learning. Our secondary kids partner with elementary kids as a part of this process. This time is listed as Bear Time in our master schedule. | <https://docs.google.com/document/d/11VrqKU_VRlixe7oCXwhmtXWNRZb20yfJ9Dq58wVLztI/edit> |
| Additional Goal(s)  *Add more rows as needed* |  |  |  |

**Step #3- Extent of Compliance for All Schools with the LSWP**

**Callaway Public Schools**

| **Policy Area**  **(Write the requirements included in your LSWP in the column below)** | **Not Met (Number of Schools)** | **Partial Compliance (Number of Schools)** | **Full Compliance**  **(Number of Schools)** |
| --- | --- | --- | --- |
| **Nutrition Education/Promotion Goal(s)** |  |  | X |
| **Physical Activity Goal(s)** |  |  | X |
| **Other Student Wellness Goal(s)** |  |  | X |
| **Non-goal related requirements of LWP- outline how you are meeting these elements in your LPW and the levels of compliance** | | | |
| [**Federal/State Meal Standards**](https://www.fns.usda.gov/cn/sp052022-questions-answers-program-operators) **are Met** |  |  | X |
| **Foods Offered but Not Sold to Students Standards** |  |  | X |
| **Food and Beverage Marketing (**[**SMART Snacks regulations**](https://www.fns.usda.gov/sites/default/files/resource-files/allfoods_summarychart.pdf)**- ala carte and vending, food sales during the school day)** |  |  | X |

| **District LSWP Components** | **For the components below, indicate whether the district is in compliance.** |
| --- | --- |
| **Public Involvement- how was the public included in LWP development? (parents, community members, etc.)** | XYes  ☐No |
| **Public Notification- how are you notifying the public about your assessment results?** | XYes  ☐No |
| **Triennial Assessment- is this posted publicly? Provide the link** | XYes  ☐No |

**Step #4: Sharing Your Success**

**Callaway Public Schools**

**Triennial Assessment Report to the Public**

| Target Audience(s) | Method | Date |
| --- | --- | --- |
| Stakeholders | Back to school night | 8/23 |
| Staff | Inservice | 8/23 |
| Students | Assembly | 8/23 |
| School Board | Board Memo | 7/23 Policy 508.13 |
| Link to the district website to meet public notification requirement | https://callawaypublicschools.org/for-parents/ | |