

CALLAWAY



Superintendent Corner

Newsletter

We have officially wrapped up our first full week of school. There is a definite buzz around school as our kids are figuring out their new schedules, meeting their new teachers, and making friends with new classmates. I can't believe we are already preparing for our first athletic contests and our kids are trying out for one act plays. The elementary halls are filled with smiles and the energy from the elementary hall is contagious. For this month's message, I just want to share a few helpful tips to parents to help your kids get the most out of school. These tips have come from experience both as a parent who has seen 5 boys grow into young men and as a school guy who has worked in almost every facet of the system. Except Kindergarten, I am not sure I could survive a kindergarten classroom, and I believe there is a special place in heaven for those who do.

Tip #1 – Always remember that the school, the parents, and the student are all on the same team. Everyone involved wants the best for the student. It is inevitable in schools to have conflict from time to time. This comes from passion. Parents are passionate about their student's education, teachers are passionate about their profession and their students, and we always hope to find what the kids are passionate about. When conflict arises, if we always understand that our perspective may be different but our goal is not. Look for the good in all situations and I guarantee you will find it.

Tip #2 – This part of life is short, always focus on the beauty of special moments. Life is busy and our time and attention is in constant demand at work, at home, at school, with family,..., the list goes on. Sometimes we need to be reminded to stop and soak up the joy in our kids' experiences. Be sure to appreciate the art project that will live on your desk for the next 30 years, frame the picture that you couldn't tell if that was grandpa or a giraffe, hang their spelling tests on the fridge (even if they aren't 100%), and celebrate both for and with your kids.

Tip #3 – Understand that growth doesn't happen without a little friction. Support your kids as they experience a change in their friend group, a class that they struggle with, or not getting to play as much as they would like, but don't try to fix every problem your kids face. I am a firm believer that we can make our children stronger or we can protect them longer. Being able to handle challenges and setbacks is one of the most important skill sets in life and we don't learn it without some practice. So by all means love, support, and encourage your kids in every situation, but give them the opportunity to solve their own problems.

Tip #4 – Read, read, read. One of the most important skills to future success, and one of the skills that is lacking in today's world, is problem solving. Mental imagery, being able to create a picture in your mind, is vital in being a good problem solver. A reader naturally takes the author's words and visualizes the story. Reading has so many positive side effects, but in my opinion, the most important is that it teaches our children to visualize which, in turn, makes them better problem solvers. Read to your younger kids, read with your upper elementary kids, and encourage your older kids to make reading a part of their life.

Please reach out if you ever have any questions, and enjoy the school year. I know I am going to!



FCCLA

Homecoming FLOWERS



Send a flower to anyone in the high school or elementary.



Ask Miss Popp or an FCCLA Officer.

Due Sep. 24th

MONEY IS DUE AT PURCHASE

Flowers Will Be Given Out Oct. 4th



QUILT RAFFLE

1 FOR \$5

3 FOR \$10

Grand Prize



TICKET

Creators: Aiden, Bindi and Brayden

**You can purchase tickets by contacting Miss Popp at
cpopp@callawaypublischools.org**

Drawing will happen October 24th



BOOSTER CLUB



CALLAWAY PUBLIC SCHOOLS

The Callaway Booster Club is a nonprofit organization, consisting of parents, grandparents, alumni, community members, businesses, and school personnel. The Booster Club has been supporting our students for over 25 years.

Our Booster Club Supports all aspect of our Callaway students through raising funds and coordinating events.

The Booster Club is dedicated to fundraising, to support all Callaway Students Pre-K through 12th grade. We need your support, so the Booster Club can continue to make financial contributions to our Callaway Students. Please join today!! Your membership is valid for the 2024-2025 school year.

Please fill out the following and return with money!! Thanks for your support!!

Callaway Booster Club, PO Box 281, Callaway, NE 68825

- *FIELD TRIPS
- *BACK TO SCHOOL EVENT
- *TEACHER APPRECIATION
- *YOUTH BASKETBALL,
WRESTLING & VOLLEYBALL
- *TRUNK OR TREAT
- *HOMECOMING FOOD
- *FUND GRADUATION
DECORATIONS
- *ICE CREAM MACHINE AT
SCHOOL
- *ONE ACT STAGE
- *WEIGHT ROOM
EQUIPMENT
- *STUDENT SNACKS FOR DISTRICT
& STATE EVENTS
- *SPONSORED KIDS ON
WASHINGTON DC TRIP
- *SPONSORED AUTHOR
VISIT AT SCHOOL
- *BAND ROOM INSTRUMENTS

Membership Levels

\$15-49- Bronze Booster Member

\$50-99- Silver Booster Member

\$100-up- Gold Booster Member

NAME: _____

BUSINESS NAME: _____

ADDRESS: _____

CITY/ZIP _____

PHONE: _____ EMAIL _____

Board members are:

President: Rhonda Pandorf, 308.325.4493

Vice President: Linsey Johnson, 308.325.1618

Secretary: Roni Boeser, 308.636.8947

Treasurer: Erin Reiff, 308.289.3060

School Representative: Jenn Hickenbottom

Helping Children Learn[®]

Tips Families Can Use to Help Children Do Better in School

Title I-Educational Service Unit 10

ELEMENTARY SCHOOL

September 2024



Inspire your elementary schooler to meet high expectations

From the first days of a new school year to the last, one of the most fundamental ways you can encourage academic achievement is to let your child know that you *expect* it. When families express high, realistic expectations, their children are likely to meet them.



To reinforce your message in positive ways:

- **Show confidence in your child.** Avoid responding to success with surprise. If your elementary schooler brings home a high grade on a hard math test, for example, act like you never had any doubt. "That's awesome! I knew all the practicing you did would pay off!"
- **Keep mistakes in perspective.** Never belittle your child for an error. Failure happens to everyone sometimes. Show that mistakes won't change your love for your child. Just help your child figure out what can be learned from the error, and move on. Always be your child's "safe place."
- **Empower your child to take action** when something goes wrong. When unfortunate things happen, help your child think about how to handle similar situations in the future. Don't chalk them up to bad luck or a mean teacher. This can make your child feel like a powerless victim.

Source: W.H. Jaynes, "A Meta-Analysis: The Relationship Between the Parental Expectations Component of Parental Involvement with Students' Academic Achievement," *Urban Education*, Sage Journals.



Encourage student responsibility

Elementary schoolers sometimes forget their supplies, their schoolwork and their lunches. But keeping track of these and other school responsibilities for your child won't help in the long run.

Instead, help your child become a responsible student. Here's how:

- **Create checklists.** With your child, make lists of responsibilities and items needed for school. Make checking items off the lists part of your student's morning routine.
- **Teach your child** how to keep track of activities, due dates and test dates on a weekly calendar.
- **Help your child choose** places to store things when not in use.
- **Foster independence.** Put your child in charge of organizing and packing up school supplies.
- **Allow your child** to experience the consequences of forgetting or losing an item.
- **Offer specific praise** when your child shows responsibility.

Instill a love of learning

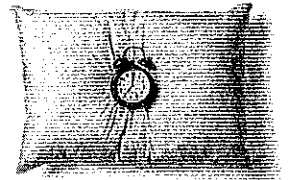
Students who are motivated by their own desire to learn retain what they learn longer and earn higher grades. To encourage this:

- **Ask your child** to consider, "What do I want to learn from this assignment?"
- **Help your child** recognize progress. Offer positive feedback.
- **Help your child** pursue learning interests.

Start smart with routines

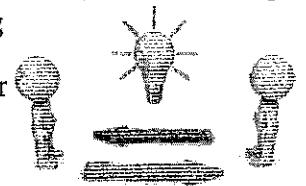
Routines make it easier for children to remember tasks and carry them out. For a smoother school year, set up these routines:

- **An evening prep session.** Agree on outfits, make and refrigerate lunches, pack backpacks and set them by the door. Mornings will be much less hectic!
- **A soothing bedtime.** Choose a time that allows for nine to 12 hours of sleep. Help your child relax with a bath and a cozy read aloud.
- **A reading and schoolwork** time. This should be when your elementary schooler will have the most energy and motivation.



Begin a helpful partnership

Forming a working relationship with your child's teacher will help you both help your child learn. To start one:



- **Introduce yourself** to the teacher. Ask how you can support learning at home.
- **Share information** throughout the year. Tell the teachers about changes at home that may affect your child.
- **Communicate respectfully.** Give busy teachers a few days to answer.

Helping Children Learn®

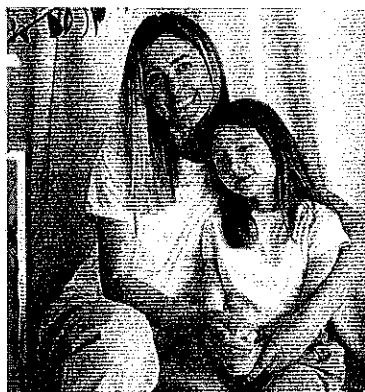
Tips Families Can Use to Help Children Do Better in School

September 2024

Q&A My child is prone to meltdowns. What can I do?

Q: My second grader's response to anger and frustration is often a tantrum. This happens at home and at school—and the teacher is asking me to help. How can I help my child learn self-control?

A: When children don't have the skills to cope with the strong emotions they feel, they may resort to tearful outbursts. But being able to maintain self-control and respond appropriately to big emotions is important for success in the classroom.



Begin by trying to find out what's behind your child's tantrums. Keep a record of your child's behavior for one week. What happens before a tantrum begins? Do you notice patterns? Then, help your child avoid some of the situations that add to stress, such as hunger and fatigue.

Next, share strategies your child can use when feeling angry or upset. At home, show your child how to:

- **Take time to cool down.** Have your child walk away from a situation for a five-minute break. Say, "You may return when you can talk calmly."
- **Use relaxation techniques,** such as taking deep breaths while slowly counting to 10. Teach your child to repeat "I can work through this."
- **Name the feelings.** Help your child become more self-aware. Teach your child to recognize different emotions—frustration, annoyance, sadness, disappointment, etc.—and use the words for them when they arise.

Parent Quiz

Are you boosting learning self-reliance?

Do you regularly hear "Help me!" before your child even tries tackling a task? It may be time to work on developing self-reliance. Are you helping your child become an independent learner? Answer *yes* or *no* below:

1. **Do you say** things like, "I bet you can figure this out?"
2. **Do you encourage** your child to problem-solve by asking questions? "What did you learn about this in class?"
3. **Do you help** your child break tasks down into smaller pieces? "Is there any part of this you *can* do?"
4. **Do you talk** about things your child has learned through persistent effort?
5. **Do you praise** your child for completing work without

help, even if it is not the way you would have done it?

How well are you doing?

More yes answers mean you are helping your child learn to solve problems independently. For each no, try that idea.

"Education is experience, and the essence of experience is self-reliance."
—T.H. White

Attendance is rewarding

By doing one thing every day, you can help your child learn, do better on tests and make friends more easily—and reduce drop-out risk. That is to make sure your child attends school. To help your student reap the benefits that come with regular attendance:

- **Explain to your child** that attending school is important—and not optional.
- **Keep track of absences.** Look for patterns that need to be addressed.
- **Tell the teacher** if your child regularly doesn't want to go to school, or if your family faces attendance obstacles.

Source: A. Ansari and M.A. Gottfried, "The Grade-Level and Cumulative Outcomes of Absenteeism," *Child Development*, The Society for Research in Child Development.

Turn off screens and read

Research points to a link between digital media use and delays in young children's ability to understand what they read. In one study, children who read more and reported less screen use created brain connections that make kids better readers. Children who spent more time with screens and read less did not. At home, limit recreational screen use, and offer your child unlimited hours of fun with books and reading!

Source: E. Heubeck, "Is Too Much Screen Time, Too Early, Hindering Reading Comprehension?" *EducationWeek*.

Encourage extra effort

Doing the bare minimum required will take your child only so far. Explain that doing a little bit more usually leads better results. Encourage your child to:

- **Read a few extra pages** of an assigned reading.
- **Start a project early** and add a detailed illustration, graph or chart.
- **Solve a few extra math problems** to master a concept.

Helping Children Learn®

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Kindness KICKOFF

Family Connection

PurposeFull
People

Welcome!

Dear Family,

We are excited to tell you that we will be using **PurposeFull People** this year, a program that teaches skills to help students be successful in school and in life.

We believe that students should have safe, predictable places to learn where they feel included. Students should have healthy and helpful connections with teachers and classmates. They should also experience learning that will help them tackle challenges inside and outside of school. PurposeFull People is more than a set of lessons - it is a partnership between schools and families to create a place where students feel like they belong and learn skills that will help them be the best they can be!

The path forward is full of growth! We cannot wait to partner with you in this work...

- To teach students how to build strong friendships
- To work together to solve problems, big and small
- To grow skills for life
- To become PurposeFull People

Conversation Starters

- What does Kindness mean to you?
- What is something Kind you did for someone else today?

Kindness Overview

Our world needs more Kindness! That's why Kindness is how we are starting the school year. Our definition of Kindness is acting with understanding, generosity, and care. You'll hear a lot about Kindness this year because it is also 1 of our **3 outcomes**:

- **Be Kind:** Teaching social skills like listening, friendship, solving conflicts, and leadership. These skills are taught alongside **Empathy, Respect, & Cooperation**
- **Be Strong:** Skills that help students focus, stay organized, and set goals. These skills are taught alongside **Responsibility, Courage, & Perseverance**
- **Be Well:** Skills that help students handle their emotions and deal with stress. These skills are taught alongside **Gratitude, Honesty, & Creativity**





Kindness KICKOFF

Family Connection

PurposeFULL
People

PurposeFull Pursuits

Each month, we'll send PurposeFull Pursuits to provide fun challenges you can pursue together! These are simple ways to intentionally reinforce the skills we are working on at school, while providing fun strategies to grow together as a family. We invite you to make some memories and join in the fun!



Pursuit #1

Review Kindness as a family! Remember that Kindness is acting with understanding, generosity, and care. Schedule a family movie night so that you can specifically watch for different ways people show Kindness. Let everybody know that you'd like them to point out examples of how the characters show Kindness as you watch the movie. Be sure to pause periodically to discuss the examples of Kindness you see. You could also talk about missed opportunities for Kindness and what you might have done differently!

Pursuit #2

Find a time to sit in a circle together and celebrate a Kind beginning of the school year! If you want, gather some favorite snacks and play some celebratory music for the occasion. Take turns sharing responses to the following prompts or make up your own! Remember to practice Kindness as you listen to each other.



Celebration Prompts:

- What is 1 way a family member has shown you Kindness this week?
- What is 1 way you want to grow in Kindness toward others this school year?



Callaway Public Schools

Mon Sep 2, 2024

All day No School

Tue Sep 3, 2024

All day 12:40pm - FCCLA Officer Meeting

 **5:30pm Varsity Volleyball @ Mullen**

Thu Sep 5, 2024

12:40pm FCCLA Chapter Meeting

6pm Steps to College Presentation -Seniors/Family

6:30pm One Act Practice

Fri Sep 6, 2024

12am One Act Practice

 **2pm Football @ Hi-Line (Eustis)**

 **4pm Volleyball @ Hi-Line (Eustis)**

| **Description: JV - 4:00 V-5:00**

Sat Sep 7, 2024

 **9am JH & Varsity Cross Country @ Cozad**

Tue Sep 10, 2024

6:30pm One Act Practice

Wed Sep 11, 2024

12am One Act Practice

Thu Sep 12, 2024

 **6pm Volleyball @ Arnold vs Gothenburg**

| **Description: JV -6:00 V- 7:00**

Fri Sep 13, 2024

 **7pm Football @ Arnold vs Perkins County**

Sat Sep 14, 2024

 **9am JH & Varsity Cross Country @ Broken Bow**

 **9:30am Valley Invite @ Callaway**

Mon Sep 16, 2024

 **2:30pm JH Volleyball @ Arnold vs AM**

Callaway Public Schools

■ 4:30pm JH Football @ Arnold vs AM

■ 4:30pm JV Volleyball @ Arnold vs AM

■ 6pm JV Football @ Arnold vs AM

Tue Sep 17, 2024

■ 5pm Varsity Volleyball Tri @ Bertrand

Wed Sep 18, 2024

8:30am ASVAB

2:40pm Dismissal PD

5pm Suicide Awareness Walk

Thu Sep 19, 2024

7am One Act Practice

■ 4pm Cross Country @ Ravenna

■ 7pm Football @ Sandhills Valley (Stapleton)

Fri Sep 20, 2024

All day No School

Mon Sep 23, 2024

■ 4:30pm JH Football @ Ravenna

■ 6pm JV Football @ Ravenna

Tue Sep 24, 2024

■ 5pm Volleyball Tri @ Callaway

| Description: JV - 5:00 V- 5:00

Wed Sep 25, 2024

8am District FCCLA @ North Platte

Thu Sep 26, 2024

1:30pm Dismissal

2pm Parent Teacher Conferences

6:30pm One Act Practice

Fri Sep 27, 2024

12am One Act Practice

Callaway Public Schools

 **7pm Football @ West Holt (Atkinson)**

Sat Sep 28, 2024

 **10am Varsity Volleyball Tourn. @ Sutherland**

Mon Sep 30, 2024

 **2:30pm Cross Country @ UNK**

 **2:30pm JH Volleyball @ Callaway vs Twin Loup**

 **4:30pm JH Football @ Callaway vs Twin Loup**

 **4:30pm JV Volleyball @ Callaway vs Twin Loup**

 **6pm JV Football @ Callaway vs Twin Loup**

SEPTEMBER 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 NO SCHOOL	3 Breakfast Bars Popcorn Chicken	4 Bacon & Eggs Chicken Alfredo	5 Breakfast Pizza Beef & Cheddar	6 Grab & Go Potato Bar	7
8	9 Tornados Chicken Patty on a Bun	10 Long Johns Tator Tot Casserole	11 Breakfast Sandwich Cavatini	12 Breakfast Burrito Sub Sandwiches	13 Grab & Go Chicken Enchiladas	14
15	16 Sausage & Tri- tators Hot Ham & Cheese	17 Biscuits & Gravy Sweet & Sour Chicken & Rice	18 Grab & Go Goulash	19 Tornados Chicken Broccoli Rice Casserole	20 No School	21
22	23 Pancake Sandwich Chicken Strips	24 Grab & Go Breakfast for Lunch	25 Bacon & Eggs Chicken Bacon Ranch Pasta	26 Long Johns Taverns	27 Grab & Go Walking Tacos	28
29	30 Tri-tators & Sau- sage Popcorn Chicken Bowls					

BREAKFAST
INCLUDES:
MILK, JUICE, OR
FRUIT AND MAIN
BREAKFAST ITEM.
BREAKFAST WILL
NOT BE SERVED
ON 10:00
STARTS.

Breakfast: \$2.40
Lunch: \$2.85
7-12: \$3.00
Adults: \$4.15
Extra Milk: \$.40
Seconds: \$.75
Extra Juice: \$.35

Breakfast & Lunch Menu

Lunch Includes: Veggie/Fruit Bar and Milk

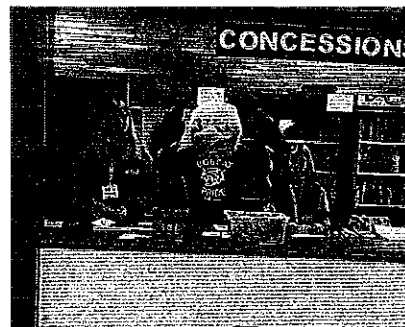
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Callaway Public Schools along with Nebraska State Bank is excited to announce the continuation of the **Bears Savings Bank, a Branch of Nebraska State Bank & Trust Co.** This savings bank is located and operates within Callaway Public Schools. A school branch fits with NSB's philosophy of educating children on the importance of saving so they are better prepared to handle their finances in the future. All elementary students grades K-6 have the opportunity to participate with a signed parent permission form.

Key aspects of the Bears Savings Bank:

- All money deposited will be under one large school account; however, information about each child's deposits will be maintained separately.
- Withdrawals from this account will not be allowed at school until the child graduates 6th grade or leaves the school.
- All deposits must be made in cash and with exact change. No change will be made.
- When a child leaves our school, or graduates 6th grade, a check will be issued for their balance in the account.
- The branch is only open on specific Fridays during the school year.
- Each student will have their own ledger to record their deposits. These will be maintained at the school and will not go home with the student.
- In lieu of interest, children receive incentives provided by Nebraska State Bank including a \$5 deposit when the student makes their first deposit.



For more information about this initiative in Nebraska, go to www.business.unl.edu, then Search "In School Savings Program".

BOXHOLDER
The Bobcat
Callaway Public Schools
P.O. Box 280
101 N. Needham
Callaway, NE 68825
Phone: 308-836-2273

Website: callawaypublicschools.org

Label



**Parent/Teacher
Conferences**

Schedule Change

Parent teacher conferences
have been rescheduled
September 26. We will
have a regular school day
on September 12.